

***Welcome
to
Misawa Air Base, Japan!***



**Family Support Center
DSN: 226-4735
35mss.fsc@misawa.af.mil**

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DEPARTMENT OF THE AIR FORCE
PACIFIC AIR FORCES

12 JAN 2008

MEMORANDUM FOR INBOUND PERSONNEL

FROM: 35 FW/CC

SUBJECT: Welcome to Misawa Air Base

1. As the Misawa Air Base Installation and 35th Fighter Wing Commander, it is my distinct pleasure to welcome you to Misawa. This base is a special place and a very unique assignment in that U.S. service members comprised of the Army, Navy, Marine Corps and Air Force serve and train with members of the Japan Self Defense Force. Everyone here takes great pride in being part of a diverse, mission-oriented team.
2. As an installation, we hold ourselves to a high standard and it is reflected in the recognition we have earned. Misawa Air Base was the 2005 CINC's Installation Excellence Award winner in addition to many other individual and unit awards. We work hard to take care of each other and our quality of life is second to none.
3. You are joining the Misawa family at a dynamic time. The installation has been expanding and developing over the past 10 years and we will continue to grow! We are very proud of our outstanding facilities, including three schools, a state-of-the-art hospital, consolidated club facility, consolidated support building and a modern Base Exchange/Commissary mall. Recent projects include the Weasels' Den indoor recreation facility, Los Guerreros Mexican Restaurant, and 138 new housing units built in 2003-2005 with over 1,000 whole-house renovations to come in the next few years.
4. The local Misawa community provides many great opportunities to see Northern Japan and I strongly encourage you to get out and get involved. Our Japanese hosts are very warm and friendly, providing you numerous opportunities to experience the host nation's culture. The varied activities, both on and off base, offer something for everyone, enhancing the heart of our community spirit and teamwork.
5. Superior community standards and realistic training programs enable the men and women of the 35th Fighter Wing and its associate units to stand ready to respond on short notice whenever and wherever tasked. I am confident you will find your new duty station at Misawa challenging and very rewarding. Misawa is an excellent place to live, work, learn and play. I look forward to meeting you and having you join our team.

A handwritten signature in black ink, appearing to read "Salvatore A. Angelella", is positioned above the printed name.

SALVATORE A. ANGELELLA, Brig Gen, USAF
Commander
Misawa Air Base Installation and 35th Fighter Wing



FACT SHEET

UNITED STATES AIR FORCE

<http://www.misawa.af.mil/orgs/pa>

35th Fighter Wing
Office of Public Affairs
Misawa Air Base, Japan 96319-5009

DSN Phone 226-3075, FAX 226-9342
Commercial Phone: 0176-53-5181, Ext. 226-3075
Commercial Fax 0176-53-5181, Ext. 226-9342

35th Fighter Wing

The 35th Fighter Wing is the host unit at Misawa Air Base, Japan — the northernmost U.S. air base in Japan. The only combined, joint service installation in the Western Pacific, Misawa Air Base is located on the shores of Lake Ogawara in Misawa City in the Aomori Prefecture.

Mission

The wing's mission is to "assist in the defense of Japan and to promote regional security in the Pacific by providing forward presence, deployable forces, and quality mission support."

The 35th FW employs two squadrons of the Block 50 model F-16CJ Fighting Falcon. The wing conducts daily F-16 flight training to maintain its combat readiness edge. Its pilots fly air-to-air weapons delivery exercises over water and sharpen their air-to-ground skills using the Draughton Range located 12 miles north of Misawa.

In addition to its flight-training schedule, the wing holds quarterly local operational readiness exercises, which allow its people to concentrate training on war fighting skills essential for readiness. The 35th Fighter Wing also maintains its readiness by participating in Pacific Air Forces-sponsored exercises, including Cope Thunder in Alaska, and joint U.S. forces exercises, such as Cobra Gold in Thailand. Three times a year, the wing participates in 5th Air Force-sponsored Cope North bilateral exercises involving the United States and Japan.

Composition

Four groups are assigned to the 35th Fighter Wing: the 35th Maintenance Group, 35th Medical Group, 35th Mission Support Group and 35th Operations Group. The 35th Fighter Wing also serves as the host unit to a variety of associate units representing all four U.S. military services. These units include Naval Air Facility Misawa; Naval Security Group Activity Misawa; Sub-Unit 2, Company I Marine Support Battalion; 373d Intelligence Group, and the Army's 403d Military Intelligence Detachment.

History

Originally activated at Johnson Air Base, Japan on August 10, 1948 the wing carries the bestowed honors of the Army Air Force's 35th Fighter Group, established on December 22, 1939.

Through various reorganizations, redesignations, inactivations and reactivations, many installations throughout the globe became home to the 35th Fighter Wing and its changing mission.

Originally the 35th flew air defense over Japan but, in 1950, the wing deployed a tactical group and two squadrons to support ground forces during the Korean War.

From 1971 to 1992, the 35th called George Air Force Base, CA, home. During Operation DESERT STORM, the 35th operated out of Bahrain and played a key role in the war's successful air campaign, flying 3,072 combat missions totaling more than 10,000 hours. From May 1993 to September 1995, the 35th operated out of Naval Air Station Keflavik, Iceland.

After a 37-year absence, the 35th Fighter Wing returned to its roots October 1, 1994, when it replaced and assumed the mission of the 432nd Fighter Wing at Misawa Air Base. Since achieving initial operating capability with its F-16CJ aircraft in 1996, the wing's fighter squadrons deployed nine times to Southwest Asia for Operation SOUTHERN WATCH and three times for Operation NORTHERN WATCH. In March 2003, the 14 FS supported Operation IRAQI FREEDOM while deployed to SWA, flying 238 combat sorties and 1,336 hours including missions over Baghdad during "shock and awe," the opening night of the war.

Throughout the 35th Fighter Group's and 35th Fighter Wing's sixty-six year history, it has flown 25 different aircraft. Its major unit awards and citations include a Distinguished Unit Citation, a Presidential Unit Citation, a Republic of Korea Presidential Unit Citation, six Air Force Outstanding Unit Awards with Combat "V" device, eight Air Force Outstanding Unit Awards, and three Republic of Vietnam Gallantry Crosses with Palm.

Naval Air Facility Misawa

The Mission of Naval Air Facility, Misawa is to maintain and operate facilities for and to provide support services and material to operational aviation activities and units of the United States Navy and other activities as directed by higher authority. NAF Misawa is host to 14 Navy commands and activities and includes approximately 320 enlisted sailors, officers and civilian employees.

The NAF commander is also the area coordinator for all Naval forces in Northern Japan. The NAF command structure includes nine departments to include administration, safety, operations and supply. A variety of divisions are assigned under each department to handle specific jobs.

Tenant commands

NAF also plays host to several tenant commands at Misawa including:

- Patrol and Reconnaissance Wing One and the Naval Communications Detachment provide operational and tactical support to deployed anti-submarine patrol squadrons temporarily assigned to Misawa.
- Deployed patrol squadrons are temporarily assigned to Misawa on six-month rotations and are tasked with patrolling the waters for submarines and surface ships. The patrol squadrons fly the latest models of the P-3 Orion pursuit aircraft and work closely with other Seventh Fleet units to provide long-range reconnaissance and surveillance.
- Fleet Air Reconnaissance Squadron Detachment One flies the EP-3 Aries aircraft to gather intelligence data through electronic reconnaissance.

Commander, Patrol and Reconnaissance Forces SEVENTH and FIFTH Fleet

Mission

The primary mission of Patrol and Reconnaissance Force SEVENTH Fleet/FIFTH Fleet (Task Force 72/Task Force 57) is to train and maintain the operational readiness of two forward deployed patrol squadrons of P-3C aircraft and two detachments of EP-3E Aries II aircraft.

The mission of the Lockheed-Martin P-3C is to conduct Anti-Submarine Warfare (ASW), fleet support and Intelligence, Surveillance, Reconnaissance (ISR) missions. The EP-3E Aries II provides signals intelligence reconnaissance that exploits a wide range of electronic emissions from deep within a targeted territory.

The Area of Responsibility includes 56 million square miles of the Pacific and Indian Oceans and the Arabian Gulf region, including the Red Sea and East Africa.

Composition

Task Force 72 is comprised of four Task Groups. They are located at Diego Garcia, BIOT, Kadena AB, Okinawa, Japan and two Task Groups located at NAF Misawa, Japan. A Tactical Support Center is located at each of these locations. Over 1,100 personnel and 12 P-3 aircraft from two patrol squadrons, one reconnaissance squadron detachment and SEVENTH Fleet special detachment and assigned surface ships, are assigned to Task Force 72.

Task Force 57 consists of two Task Groups located in Manama, Bahrain, as well as detachments from nine countries that comprise the Global War on Terrorism Coalition Members. Over 900 personnel and 18 aircraft are assigned to Task Force 57, including coalition forces members deployed for Operation ENDURING FREEDOM.

History

Commissioned in 1937 as Patrol Wing ONE, the Wing was first based at Kaneohe Bay, Hawaii. By 1942, the Wing sent a number of its squadrons forward to the Pacific and by the end of 1944, the Wing manned four separate bases. Altogether, more than thirty squadrons and fifteen seaplanes flew over 40,000 combat sorties.

From the outbreak of hostilities on the Korean Peninsula to the war's end, the Wing was assigned aerial reconnaissance of the East China Sea and Chinese coast from Korea to Hong Kong, and in doing so provided 24-hour coverage of the UN Forces' flanks and rear, allowing them to direct their focus northward.

The Wing, now known as CTF-72, assumed the additional designation as Coastal Surveillance Force, Vietnam in 1965. In 1968, during the PUEBLO incident, P-3s provided ASW protection by maintaining between one and three aircraft on station, around the clock, for nearly two months. Throughout the war, P-3s provided ASW coverage for Yankee station units, while electronic support from carrier-based EA-3 aircraft, WV-2Q and, after 1969, EP-3s assisted in countless airstrikes.

Until 1967, the Wing's flag was flown from one of its seaplane tenders. In April of that year, the flag was shifted to a new permanent headquarters ashore at Naha, Okinawa. From this point forward, the patrol element of the Wing was composed exclusively of land-based aircraft.

On 23 February 1973, CTF-72 was relocated to Naval Radio Receiving Facility, Kami Seya, Japan. Five months later, when Patrol Force SEVENTH Fleet assumed full operational control of VQ-1, it was redesignated as Patrol and Reconnaissance Force, SEVENTH Fleet.

During the 1980s, ASW remained the focus of CTF-72's endeavors. During this decade, P-3's stood watch as they patrolled the Pacific Ocean, combating the threat of Soviet submarines during the Cold War.

As Operation DESERT SHIELD turned into DESERT STORM, P-3's flew an array of maritime missions, resulting in the complete destruction of the Iraqi Navy. Following the war, squadrons participated in Operation SOUTHERN WATCH. In 1995, to facilitate command and control over the increasing number of missions flown in the Arabian Gulf, the Wing assumed additional duties as CTF-57.

On 13 September 2001, CTF-57 established an expeditionary staff in Bahrain from which it directed all U.S. and coalition Maritime and Reconnaissance missions in support of Operation ENDURING FREEDOM (OEF), including countless missions overland Afghanistan. At the same time, CTF-72 oversaw similar operations in the Philippines.

In March 2003, CTF-57 demonstrated groundbreaking employment of MPRA aircraft overland Iraq in support of Operation IRAQI FREEDOM. P-3s flew armed surveillance and reconnaissance missions, both overland and in maritime roles, while simultaneously supporting OEF in multiple theaters. The CTF-57 coalition maritime patrol and reconnaissance task force came together against global

terrorism in a significant way. This coalition, composed of more than 2500 people and 13 MPRA aircraft from nine coalition nations, executed over 2100 sorties flying more than 20,500 hours.

Misawa Security Operations Center

An integral part of the U.S. military's intelligence community, the Misawa Security Operations Center at Misawa Air Base, Japan, is tasked with ensuring U.S. and allied forces have the needed secure communications and command, control and communication countermeasure support to thwart enemy counterintelligence agencies.

Composition

The MSOC is composed of U.S. military members from each of its four service branches. Four U.S. military units at Misawa make up the MSOC: the 373d Intelligence Group, the Naval Security Group Activity Misawa, the 403rd Military Intelligence Detachment, and Sub-Unit 2 Company I Marine Support Battalion.

Each unit under the MSOC provides similar functions, including: rapid radio relay; secure communications; and command, control, communications and countermeasure support to U.S. and allied forces.

Unit members develop and apply techniques and material designed to ensure that friendly command and control communications are secure and protected from hostile countermeasures including interference, jamming and intrusion. They also advise U.S. and allied commanders concerning procedures and techniques, which could be used to counter enemy command and control communications.

Additional functions include: transmission security, research into electronic phenomena, direction-finding assistance to air-sea rescue and navigational aid.

Japan Air Self Defense Force at Misawa Air Base

Misawa Air Base is the only military installation in Japan where the Japan Air Self Defense Force and U.S. Air Force conduct joint air operations. Misawa's strategic geographical location on the northern part of Japan's main island of Honshu is essential to the JASDF's northern defense role and the joint JASDF and U.S. military presence here produces a maximum level of security for Japan.

Units

There are 18 major JASDF units assigned to Misawa. Among the key JASDF organizations assigned here is the Northern Air Defense Force Headquarters, which is responsible for maintaining the air defense for northern Japan and to respond to air territory violations over this part of the nation.

The NADF features two front-line units -- the 2nd Air Wing based at Chitose Air Base on the island of Hokkaido and the 3rd Air Wing based at Misawa. The NADF also includes the Northern Aircraft Control and Warning Wing and two Patriot missile groups.

The 3rd Air Wing serves as the host unit for JASDF members and units assigned here. The wing's F-2 and F-4EJ jet fighters have a variety of missions, including close air support, marine air support and the air defense of northern Japan against violations of Japanese air territory.

Other JASDF units based at Misawa operate the T-4 trainer, E-2C Hawkeye and the CH-47 logistics helicopter.

FREQUENTLY USED RESOURCES

Relocating is an exciting and challenging experience. The following are some of the resources available to help your move go smoothly:

- **Your local Family Support Center, Fleet and Family Service Center, or Army Community Services:** These offices can provide access to information about Misawa and relocation in general.
- **Air Force Crossroads:** This site has information on all branches of the service by location. The same information that is on SITES is on this website, plus more information on relocation.
<http://www.afcrossroads.com/>
- **Air Force One Source:** This can be used by any branch of service or civilian personnel coming to Misawa. Sign in by using the following User ID: "airforce" and Password: "ready". It will prompt you to create your own password. Click on "Military Life" in the left hand area of the screen and then click "Military Relocation".
www.airforceonesource.com
- **Cost of Living Allowance:** <https://secureapp2.hqda.pentagon.mil/perdiem/ocform.html>
- **Department of Defense Dependents Schools:** Find out about school systems: www.odedodea.edu or www.schoolreport.com/
- **FAMNET:** Contact information for Family Support Centers across the globe: www.famnet.com
- **Federal Employment:** www.usajobs.opm.gov
- **Housing Waiting List:** Once you complete an advance application for housing, you can check the status of your request at <https://gud26m03.mont.disa.mil/aces/servlet/WaitingListPosition>
- **Maps on-line:** www.mapquest.com
- **Military One Source:** Similar to Air Force One Source. www.militaryonesource.com.
- **Misawa Air Base Sites:** The following two sites have links to each military unit (all services) on base. From home, use the public site at <http://www.misawa.af.mil/>. From ".mil" computers, go to the secure site at <https://intranet.misawa.af.mil/>.
- **NSGA Welcome Website:** This Navy site provides lots of local information.
<http://www.nsgamisawa.navy.mil/welcome.htm>
- **Overseas Housing Allowance:** If you're planning to live off base, look up the housing allowance at the following website: <https://secureapp2.hqda.pentagon.mil/perdiem/ohaform.html>
- **Relocation Websites:** www.virtualrelocation.com or www.relocationcentral.com or www.smoothmove.com or www.maingate.com
- **SITES:** Anything and everything you ever wanted to know about Misawa is on this website. View the information on-line or download a hard copy booklet. <https://www.dmdc.osd.mil/appj/sites/index.jsp>
- **Tohoku Region Guidebook:** Excellent resource to see all the travel opportunities available in Northern Japan.
<http://travel.japan-tohoku.com/>
- **TRICARE:** www.ha.osd.mil/

1. BEFORE YOU ARRIVE

Don't let the movers pack the things you will need before you get to your new home. Here are some items you should plan to carry with you:

- PCS Orders
- Plane Tickets
- Passports
- Medical records, Shot Records, Prescriptions Drugs
- Household Inventory
- School Records
- Employment Documentation (resumes, letters of recommendation)
- Children's Need: toys, books, diapers, bottles, Etc.
- Pet Needs: Health Records, Carriers, Leashes, Dishes
- Clothes appropriate for season of travel

A. BILLETING ARRANGEMENTS:

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For Accompanied Members or Unaccompanied Members E-4 and above with more than 3 years of service:

- Misawa has (TLF) Temporary Living Facilities for incoming families. Reservations are taken on a first come, first served basis. Enlist the help of your sponsor or call DSN: 222-1182/1183 to make reservations in advance. Be sure to have your credit card ready and the exact date of your arrival. If you have special needs, such as a 1st floor room due to a medical condition, be sure to include that in your request. You are authorized to stay in TLF for 30 days based on a space-availability and also the availability of housing.
 - Pets are only allowed in special TLF buildings ("Pet Suites") and there are limited rooms. If the pet suites are not available you will need to make arrangements at a local kennel. Off base kennel: 57-3423 or Pets Are Worth Saving shelter on base: 222-7002

Unaccompanied Members E-4 and below with less than 3 years of service:

- TLF is not authorized for E-4s and below with less than 3 years of service. Send a copy of your orders to your sponsor so they can get a dorm room assigned. If you have questions, call the dorm managers office at DSN 226-4299, Bldg. 671 (across from the Mokuteki Café).

B. CALLING MISAWA:

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You can call Misawa DSN or commercially, but keep in mind the time difference (see the Time Conversion Chart at the end of the "Before You Arrive" section).

Calling DSN:

- From within PACAF and PACOM, dial 222-xxxx for residential and 226-xxxx for duty phone numbers.
- From outside of PACAF, dial the PACAF DSN prefix, 312, and then the number.

Calling Commercial from the States:

- For numbers beginning with 222: dial 011-81-3117-62-xxxx.
- For numbers beginning with 226: dial 011-81-3117-66-xxxx.
- To place a call through the Misawa Base Operator, dial 011-81-176-53-5181.

Calling Commercial within Japan:

- For 222-xxxx numbers, dial 63-xxxx.
- For 226-xxxx numbers, dial 64-xxxx.
- If you are out of the local Misawa area, dial the 0176 area code first (0176-63-xxxx or 0176-64-xxxx)

C. CAR / LICENSE INFORMATION:

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Vehicles manufactured after 31 March 1978 **are not** authorized to be shipped to Misawa. It is not advisable to ship a car to Misawa for several reasons – high cost of extensive modifications needed to meet Japanese emission controls (\$1,000 or more), lack of replacement parts, and steering wheel on “wrong” side of the vehicle makes driving hazardous. Vehicles may need to be converted back to original condition prior to shipping back to the U.S. for conformance with EPA/DOT standards. Reliable transportation can be easily obtained, either on-base or off-base, ranging from \$1,000-\$5,000. You may ship a motorcycle to Japan in your HHG shipment if they meet the emission and brake laws. For return shipment to U.S., you must show proof of shipment from the U.S. (use of inventory is valid). Motorcycles (50cc or more) must meet EPA/DOT requirements or your shipment will be held by U.S. customs at the port of entry.

To obtain a Japan driver’s license; you must have a current and valid stateside license and take a written test. Japan uses international road signs, which are a little different than the States. We also drive on the “wrong” side of the road, which takes a little getting used to. Driver’s Training is offered to new personnel every Monday (or Wednesday after the first Monday of the month or when Monday is a holiday) and driver’s licenses are issued at that time.

D. HOUSING:

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Housing at Misawa includes two, three and four bedroom four-plex units and two and three bedroom, nine story tower apartments. Waiting time in months is based upon a preference for either house or tower and not by area. Civilians are assigned excess units based on their rank and bedroom entitlement and by the pro-rata that limits the number of civilians in base housing. The 5 year occupancy rule applies. You may access our web site at: <http://housing.misawa.af.mil>

You may check your position on the wait list at:

<https://gud26m03.mont.disa.mil/aces-hg/servlet/WaitingListPosition>

Pets: We recommend against bringing pets to Misawa as no pets are allowed in tower apartments and in dormitories. Lodging facilities have a limited number of pet suites and do not allow pets in Misawa Inn. Guests may be required to seek an off-base pet boarding facility. There are a very limited number of rental units in the local community that allow pets.

1. On-Base Housing for Accompanied Personnel

a. All incoming personnel should forward an advance application for housing through the Housing Office at your current base. This places your name into our suspense file and you are put on our waiting list the first day of the month prior to your report month. If you did not send an advance application, please inform a housing representative when you arrive. *An application submitted when you arrive is effective the day the application is received.*

b. Misawa AB allows each dependent, exclusive of spouse, to be entitled to his/her own bedroom, but our largest units are only four bedrooms. You may, at your discretion, voluntarily apply for and be assigned housing that has fewer bedrooms than your entitlement. If you should choose this option, you may apply immediately after move-in for larger quarters, but any subsequent move will at no cost to the government. The application for the larger unit is as a “walk-in” unless the application is initiated within 30 days of the member’s PCS arrival.

c. Misawa AB is experiencing a total revamping of its housing assets. Now through 2010, all of the older housing units will be demolished and new Government of Japan (GOJ) H style will be built.

d. In some cases, depending on the housing unit preferred, housing may not be immediately available. Temporary Lodging Allowance (TLA) *may* be authorized up to 30 days if you do not decline housing. ***The Housing Manager MUST approve any extensions beyond 30 days.***

e. At the present time, 1300 rental units are listed in our off-base inventory in the surrounding community. The available ones are listed in our office and our off-base counselors are here to serve you. You may schedule an appointment with them at 226-3200.

f. The Furnishings Management Office (FMO) is a function of the Housing Management Center. You are permitted the use of loaner furnishings. The length of time you may use them is determined by your weight allowance on your PCS orders. If you have questions, please speak to one of the counselors at FMO, 226-3831. All exceptions to policy must be submitted in writing to 35 CES/CEH.

2. On-Base Housing for Unaccompanied Personnel

a. If you are unaccompanied, we have dormitory staff here to assist you. Misawa AB complies with AFI 32-6005. All unaccompanied E-1 through E-4s under three years of service are required to reside in the dormitory.

b. Unaccompanied E-4s (under three years) and below **are not** eligible for Temporary Lodging Allowance. If we are unable to assign you a dormitory room on arrival, we can assign you a space in the "Hospitality Rooms" in our dormitory until a permanent room becomes available. A dormitory manager is usually at the AMC Terminal to meet new arrivals. Also, our Unaccompanied Housing Manager (UPH) will be glad to help you. The UPH office is located in Dormitory 671, first floor, across from the Mocketeki Café. Call 226-4197 to make an appointment.

3. Misawa Off-Base Housing

Quarters on the local economy tend to be smaller than Americans are accustomed to, and they are expensive. Basic rental rates range from approximately \$1000 to \$1800 per month. Utilities also tend to be fairly expensive averaging \$75 - \$225 a month on a year-round basis, plus an extra cost for heating during the December-February period, which can exceed \$200 per month. Military members receive a utility allowance each month. While not designed to fully cover the expenses, it does help defray the cost, and this amount is adjusted periodically. All of these charges are paid to the utility companies in Japanese yen. All landlords require a security deposit of approximately ¥50,000 (\$420) in addition to the first month's rent, which is payable prior to moving into your off-base quarters. Always make sure you get a signed and dated receipt each time you pay the rent. The yen rate is always changing and will affect the cost of utilities and rent. If you are planning to bring a pet, be aware there are restrictions on pets in some off-base housing. The local off-base housing does not have yards that will accommodate outdoor pets. Qualified allowances for authorized off-base residents are LQA (Living Quarters Allowance/civilians), COLA (Cost of Living Allowance), OHA (Overseas Housing Allowance) and MIHA (Move-in Housing Allowance), which should help in offsetting rental costs.

The electricity voltage off-base is 100 volts and 50 Hertz versus 60 Hertz in the United States. This means US electric products can be used here but will run slower (clocks, for instance will lose 10 minutes every hour). Many appliances will not work in the off-base houses. Most computers, VCRs, TVs and DVD players automatically adjust to the different voltage, but alarm clocks will need to be purchased locally or be battery-operated.

Upon termination, the security deposit is refunded to you unless there are damages and/or bills owed on the house. Payment of these charges will be added and then the balance of the security deposit will be refunded.

The Housing Office has over 800 off-base housing units listed for occupancy. The square footage ranges from 800 to over 1600 sq ft. Many units come with covered parking and combine many features of a typical Japanese house with American housing needs. The off-base housing units are located in and near Misawa City, which is just outside the gates to Misawa AB. Driving times average 15 to 20 minutes for off-base housing residents.

The Furniture Management Office (FMO) loans washers, dryers, stoves, refrigerators, and government furniture to off-base houses. The heating will be propane, kerosene or electric. Electric heating is the highest in cost. Telephone jacks are provided in some of the rooms and some landlords provide the telephone, but the best thing

to do and the least expensive is to provide your own phone. There will be additional utility bills for trash pick up and for water. All utility bills come directly to the off-base quarters.

4. Housing Frequently Asked Questions (1 Feb 2006)

a. Do you have housing for pay grades E1-E3? **YES**

b. How many housing units do you have available for each category?

2 BR JR NCO.....	756	2 BR CG.....	40	4 BR SOQ	9
3 BR JR NCO.....	749	3 BR CG.....	111	4 BR GOQ.....	1
4 BR JR NCO.....	213	4 BR CG.....	11	3 BR Chief	12
3 BR SR NCO	184	3 BR FG	95	4 BR Chief	8
4 BR SR NCO	36	4 BR FG	15	3 BR GOQ.....	1
					Total Units 2241

c. How soon can I expect to be housed in military family housing upon arrival?

JR NCO TOWER (2 Bdrm)	Immediately
JR NCO NON-TOWER (2 Bdrm)	Immediately
JR NCO TOWER (3 Bdrm)	Within 30 days
JR NCO NON-TOWER (3 Bdrm)	Within 90 days
JR NCO NON-TOWER (4 Bdrm)	Within 30 days
SR NCO TOWER (3 Bdrm).....	Immediately
SR NCO NON-TOWER (3 Bdrm).....	Within 90 days
SR NCO NON-TOWER (4 Bdrm).....	Within 60 days
CG NON-TOWER (2 Bdrm)	Within 6-8 months
CG TOWER (3 Bdrm)	Immediately
CG NON-TOWER (3 Bdrm)	Within 90 days
CG NON-TOWER (4 Bdrm)	Within 6-8 months
FG TOWER (3 Bdrm).....	Immediately
FG NON-TOWER (3 Bdrm).....	Within 6-12 months
FG NON-TOWER (4 Bdrm).....	Within 6 months
PRESTIGE NON-TOWER (3 Bdrm)	Within 90 days
PRESTIGE NON-TOWER (4 Bdrm)	Within 60 days

d. What is the average cost of a rental house in the local area? **\$900 to \$2000**

e. What is the average cost of utilities per month? **\$150 to \$500**

f. What does telephone and cable installation usually cost?

Phone line: \$300-500 Cable: \$150
Cost for cable can range up to **\$80.00** a month maximum

5. Temporary Lodging Allowance (TLA)

Members on concurrent travel or unaccompanied members in pay grade E-5 and above are entitled to TLA. TLA begins on the day of arrival at Misawa AB (date shown on your travel voucher). To claim TLA, you must first register with the Housing Office (within two duty days of arrival and process through the Lodging Office.) Lodging will provide documentation you will need to submit with your claim. You must report to the Housing Office at least every 10 days to revalidate the need for continued TLA payments. A written request for extension is required for anything over 30 days.

Once you receive permanent housing, you must move in on the first available date or lose entitlement. Should on-base housing be offered and member declines the unit, TLA will stop no later than the available date for the offered quarters. Should member be looking off-base and decline two appropriate units, TLA will stop on the day second unit would be available.

OVERSEAS HOUSING ALLOWANCE
MISAWA AB, JAPAN
AS OF 1 Mar 06
\$1.00 = ¥109.99

Grade	Max Rent W/Dep		Max Rent W/O Dep		BAH W/Dep	BAH W/O Dep
E-1	¥160,950	\$1,463.18	¥144,855	\$1,316.86	\$509.40	\$285.30
E-2	¥160,950	\$1,463.18	¥144,855	\$1,316.86	\$509.40	\$319.50
E-3	¥160,950	\$1,463.18	¥144,855	\$1,316.86	\$534.30	\$393.30
E-4	¥160,950	\$1,463.18	¥144,855	\$1,316.86	\$574.20	\$400.80
E-5	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$660.90	\$461.10
E-6	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$734.40	\$499.80
E-7	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$795.00	\$552.30
E-8	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$856.50	\$646.80
E-9	¥200,000	\$1,818.18	¥180,000	\$1,636.36	\$928.50	\$704.40
O-1	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$690.90	\$509.40
O-1E	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$810.90	\$601.80
O-2	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$771.90	\$614.20
O-2E	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$877.20	\$699.30
O-3	¥185,000	\$1,681.82	¥166,500	\$1,513.64	\$904.50	\$762.30
O-3E	¥200,000	\$1,818.18	¥180,000	\$1,636.36	\$972.30	\$822.90
O-4	¥200,000	\$1,818.18	¥180,000	\$1,636.36	\$1,093.20	\$950.70
O-5	¥210,000	\$1,909.09	¥189,000	\$1,718.18	\$1,240.20	\$1,026.00
O-6	¥210,000	\$1,909.09	¥189,000	\$1,718.18	\$1,286.70	\$1,065.60

UTILITY ALLOWANCE

W/O DEPS:	\$ 505.76	¥55,633
W/DEPS:	\$ 674.35	¥74,178
2 MIL SHARE:	\$ 337.17	¥37,089
MIHA:	\$ 641.37	¥70,551

All overseas housing allowance and utility allowance rates are subject to change, depending on Yen rate.

Housing Allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Sites: www.dtic.mil/perdiem/allooha.html

E. MAIL BOX:

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Send a full copy of your orders to your sponsor and ask them to get a mail box prior to your arrival. Or fax a copy of your orders to the Post Office Customer Service at DSN 226-2541 requesting a box number.

F. PETS:

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For complete information on how to PCS with a pet go to the following website:

http://www.misawa.af.mil/default.asp?org=35msg_35svs&office=svs_vet

Other good resources are:

- Air Force Crossroads: <http://www.afcrossroads.com/> or
- SITES: <http://www.dmdc.osd.mil/appj/sites/index.jsp>

For information on having pets in your on- or off-base quarters, please refer to the Housing section of this booklet.

1. Pet Import Requirements:

Japan's pet import regulations are strict. As of June 2005, pets will be held to the following requirements:

- a. Rabies Vaccinations - Must have a history of 2 vaccinations on record with the most recent being not less than 30 days but no more than 12 months old.
- b. Microchip - The animal must be microchipped prior to shipping. Japan accepts the "Home Again" or "AVID" Chip. The microchip must be annotated on the Rabies, Health, and FAVN Test certificates.
- c. FAVN Test - Must be completed at least 180 days before shipping and processed at an approved testing Lab. FAVN tests are good for up to 2 years so the sooner it is completed the better.
- d. AGE - Japan discourages the import of cats or dogs under the age of 10 months. These animals must stay in an approved quarantine facility for up to 180 days at the owner expense.

2. REQUIRED DOCUMENTS FOR ENTRY TO JAPAN:

All of the following documents must be attached to the outside of the airline kennel (Ziploc bag works best). Label the bag: "Export/Import Pet Documents."

A Pet Processing Checklist is available at the Japan District Veterinary Command (JDVC) website <http://www.usarj.army.mil/organization/vet/index.htm> . They also have all the required forms mentioned above posted online. This site is a great source of information for all your pet concerns in Japan.

- a. Travel orders [2 copies of PCS orders for each pet].
- b. Rabies Vaccination Certificate (DD Form 2208; 2 copies and original).
- c. Health Certificate (MDJ OP Form 2209; Veterinary Health Certificate for Import/Export for Japan; 2 copies and original), the health certificate cannot be older than 10 days. If there is a layover that will cause your health certificate to expire, then a new health certificate must be obtained. Health certificates must list last 2 rabies vaccinations including manufacturer, LOT #, and expiration date of vaccine. It must also include the Pet microchip number. If a civilian Vet issues the health certificate, the additional requirement of obtaining a raised USDA seal from the closest USDA office on both the health certificate and the rabies certificate is mandatory. A listing of offices is available on the JDVC website given in the contacts section below.
- d. MDJ OP Form 2209 (Japan Ministry of Agriculture Advance Notification Form). If the animal travels via commercial air, the pet owner must fax an advance notification form to the commercial port of entry. A notification approval will be returned by the GOJ Animal Quarantine Service. This approval is used when checking in with the airline when departing for Japan. The owner must also show this approval to GOJ authorities upon arrival in Japan.
- e. MDJ Form 270 (Pet Quarantine and Examination Certificate; 2 copies) All SOFA status personnel entering Japan with a pet are required to complete a MDJ 270. Be prepared to provide the following information.
 - (1) Military Address
 - (2) Organization
 - (3) Name of the military installation where the animal will be presented for the final physical examination or quarantine.

The MDJ 270 allows your pet to be released to you for transportation to your US Military Quarantine Facility. Based on how many of the requirements you meet determines the time your animal must remain in quarantine ranging from 14 to 180 days. Currently, this is an in home quarantine on Misawa AB since there is no Japan Quarantine Facility near Misawa. However, this requirement is currently being renegotiated and may change. Please download the form and fill it out before arrival. You are required to submit the form to your US Military Veterinary Treatment Facility within 72 hours of entry into Japan.

- f. USFJ Form 380 EJ (Customs Free Import or Export of Cargo or Customs Declaration of Personal Property) needed only if shipping animal as cargo.

3. TRANSPORTATION OF PETS:

It is highly encouraged that all travelers, particularly those with pets, make their PCS travel plans carefully and remain flexible. Ultimately, per the Joint Federal Travel Regulations, Volume 1 and AFI 24-101, you as the traveler are responsible for all pet shipment expenses. Reimbursement for shipping a pet is not authorized.

While traveling by air, the animal must be in a cage approved by the International Air Transportation Association and be large enough for the animal to stand up, turn around, and lie down with normal posture and body movements. Several layers of newspaper, shredded paper, or absorbent material should be placed in the bottom of the container. Do not use straw, hay, grass, sawdust, sand, or soil. Pets must be individually caged. A familiar article or toy in the cage may placate the animal. Pets should be lightly fed and given water before turn-in for shipment. It should also be exercised before being brought to the terminal. Some animals with snub noses may experience respiratory difficulty in flight. Ensure containers have adequate ventilation and pets are free of respiratory problems.

Travelers must also remember that US flag commercial airlines and the Japan Air Lines (JAL) will not accept pets when the temperature is above 85 degrees (effective from 15 May thru 15 Sep). There are also restrictions for certain breeds once the temperature reaches 70 degrees. Please confirm policies with the carrier you fly with. Booking an early morning or late evening flight could help avoid delays due to these restrictions.

a. Commercial Plane:

Make sure you schedule your commercial flights carefully so that animal customs inspection can be preformed when you arrive. JAQS is CLOSED between 1200 Saturday and 0800 Monday. Animals arriving between these times must remain in the airline kennels until Monday. The cost of the stay and cost of transportation to the final destination is the responsibility of the owner. The cost is rather expensive, so one should select flights that arrive during normal work hours.

Pets must be caged in an approved carrier and are generally limited to 45 kg (99 lbs) with carrier. Pet fees vary by airline but can range anywhere between \$40-\$250 per airline which is not reimbursable. Small animals that fit safely and comfortably in a hard sided carrier that fits under the seat can be carried in the cabin if prearranged. If you fly commercial, you will also need to transfer airports in Tokyo which can take from 1 to 3 hours depending on traffic. You may be required to stay overnight in Tokyo. Most hotels do not allow pets but the Narita Radisson Hotel will. You can call them directly at 011-81-476-93-1234 or 1-800-333-3333 for worldwide reservations.

b. Transport Between The Two Tokyo Airports:

SHUTTLE BUS: If your pet is small enough to travel as a carry-on, you may be allowed on the Haneda-Narita Airport Shuttle for 3,000 yen per person, which is reimbursable. The shuttle has no cargo compartment for pets and you'd have to travel with the carrier on your lap or under a bus seat. **NOTE:** The shuttle driver has the ultimate authority to deny travel due to an oversized pet.

TAXI VAN: Contact the Tokyo Taxi Center at Haneda, 035-757-9630. Their vans can accommodate pets and up to four passengers with luggage. The average fare including tolls is approximately \$230. While their van availability is fairly good, you may call for reservations if desired.

c. AMC - Patriot Express (PE):

The Patriot Express flies from the US to MISAWA with stops at various military installations. These flights are more convenient and less expensive for those traveling with pets. Since PE seats tend to fill very quickly during the PCS season and pet space is very limited, please notify your personnel office and visit your Traffic Management Flight with orders and your completed AF Form 1546 as soon as possible for reservations.

You're limited to two pets per family. The PE maximum weight limit is 150 lbs per pet including carrier. Exceptions require a HQ AMC waiver. Cost for pets is as follows: 1-70lbs: \$90, 71-140lbs: \$180, 141-150lbs: \$270. AMC defines pets as cat or dog only. They will accept no other pets.

4. LODGING:

If your pet is coming with you, be sure your sponsor makes arrangements with lodging for you and your pet (pet suites are EXTREMELY LIMITED). If lodging does not have vacancy for a "lodging with pets allowed" ask your sponsor to send you a list of pet sitters on base. There is also an off base kennel available.

5. COMMUNITY PET REGULATIONS:

You may only have two pets in housing. This does not include animals that permanently reside in cages or tanks (e.g., hamsters, turtles, etc.). Requests for exception can be submitted to the base veterinarian for special consideration before acceptance to housing.

Pets that are outside the quarters must be under hand-held leash control, inside a fenced yard, or on an in-ground anchor with the pet owner present and in control of the pet. If you have a dog that barks excessively causing neighborhood disturbance, you must immediately quiet the animal.

Pets are not allowed in public buildings, swimming pools, sports areas, tennis courts, parade grounds, playgrounds, ball fields, basketball courts, beaches, public gatherings, or the golf course unless approved by the base veterinarian.

You must immediately remove and properly dispose of waste deposits (feces) while walking your animal(s). Failure to do so may result in the removal of the animal from base and/or loss of housing privileges. All deposits left in pens or litter caused by your pet(s) must be removed and properly disposed of daily.

Pet owners must report lost, deceased, and/or new pets to the base Veterinary Treatment Facility within 24 hours.

Should your pet escape from your control, you should contact the Veterinary Clinic. If your animal is apprehended by security forces, civil engineering, or veterinary services you will be cited. If cited more than twice in a 12-month period, you may be required to remove the animal from base.

If you are transferring from Misawa and cannot or do not want to take your pet(s), you must find a new owner before moving or releasing custody of the animal(s). The pet's medical treatment record must be transferred into the name of the new owner while both parties are present at the Veterinary Treatment Facility. If a pet escapes before moving, the veterinary clinic must be notified and given a forwarding address, forwarding telephone number, and local person for point of contact. A Special Power of Attorney must be granted to someone to provide for shipment of the pet upon capture. The owner is responsible for all shipping costs incurred by the person granted Power of Attorney. Failure to comply with the prevention of animal abandonment can result in administrative action against the sponsor.

The breeding of pets for profit is strictly prohibited in military family housing.

G. TRICARE COVERAGE WHEN PCSING:

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You are covered by your previous TRICARE region until you in-process with TRICARE at Misawa. For non-urgent care at non-military clinics during your PCS, you will need preauthorization from your losing TRICARE center. **Make sure you have the contact information for your losing TRICARE center during your PCS.** For urgent care, you can be treated at any emergency room and be covered by your losing TRICARE region. For more information, check out the TRICARE website at www.tricare.osd.mil for all your Tricare needs. Upon arrival to Misawa, you must re-register with TRICARE to transfer your coverage to this region.

2. ARRIVAL INFORMATION

A. WAYS TO GET HERE:

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1. AMC Travel from Seattle: This is the preferred method of transportation to Misawa. Travelers with pets are highly encouraged to take advantage of this method.

2. Commercial Travel through Narita International Airport, Tokyo: Full information on Narita International Airport is online at <http://www.narita-airport.jp/en/index.html>. Narita has two terminals, with U.S. carriers using the following:

Terminal 1

American Airlines
Northwest Airlines
United Airlines
US Airways

Terminal 2

Continental Airlines
Delta Airlines

A DoD liaison counter (open 1200 to 2000) is located on the 1st floor in Terminal 1 to assist all DoD passengers. Travelers arriving at Terminal 1 should proceed through the customs exit area and immediately turn left. The DoD Liaison Counter is located a very short distance from the exit area (see map, below). There is a “**DoD Liaison**” sign posted in front of the counter. If you arrive in Terminal 2 and want assistance from the DoD Liaison Counter, go to bus stop 8 or 18; the bus will bring you to Terminal 1 and the ride is free. Enter Terminal 1 on the first floor and immediately turn right and look for the “**DoD Liaison**” sign. The DoD representative can assist with directions to your final destination, provide Yokota MWR bus schedules, phone numbers for pet transport (if needed), and hotel information.

- **Arranging Bus transportation from Narita Airport to Haneda Airport:** There are no flights directly from Narita to Misawa. Misawa-bound travelers must go to Haneda (Tokyo) Airport for connecting flights to Misawa City airport. Misawa travelers arriving at Narita must procure bus transportation from Narita to Haneda (HND) and must have airline tickets from Haneda to Misawa. Although the DoD Liaison Counter can help get you to Haneda Airport, it is not difficult to arrange your own bus transportation.

For those arriving at **Terminal 1**, complete customs clearance and proceed to the *AIRPORT LIMOUSINE* counter (orange color) and purchase bus tickets to Haneda. The counter is located in front of the exit doors. Ticket price is 3,000 yen (about \$30.00 depending on the yen rate) per person. You must pay in yen. *AIRPORT LIMOUSINE* will accept credit cards (Visa, MasterCard, American Express). If you need yen, a currency exchange is available at the airport near the *AIRPORT LIMOUSINE* ticket counter. The bus stops to board busses bound for Haneda are #1, 2, or 3.

Passengers arriving at **Terminal 2** will also see an *AIRPORT LIMOUSINE* counter (also orange color). The bus stops for busses bound for Haneda are #5 and 15.

Try to schedule your arrival at Narita before 1400. You need to give yourself time to take the bus from Narita to Haneda. The last flight to Misawa departs Haneda at 1730. Travelers arriving too late to make connecting flights to Misawa have several lodging options. The *AIRPORT LIMOUSINE* counter has information on hotels in the Narita and Haneda areas and many hotels have airport shuttles. Depending on your departure time from Haneda to Misawa, it is usually more convenient to lodge near Haneda, although it's more expensive than the Narita Airport area. (The hotel cost is reimbursable; maximum per-diem rates are listed in this website: <https://secureapp2.hqda.pentagon.mil/perdiem>.) *AIRPORT LIMOUSINE* can make reservations and provide transportation to the hotel. If you stay the night in Narita, book your flight from Haneda to Misawa for the 1300 departure from Haneda. This will give you plenty of time

NOTE: There are times when flights from Haneda to Misawa are diverted to Aomori or Sendai due to weather conditions. Work with the local JAS representative to arrange your travel from these locations to Misawa. Be sure to call your sponsor from the airport to let them know your new arrangements. See the section on “Calling Misawa” for information on how to dial.

- **Connecting between Terminals**

Terminal Connection Bus (free of charge) is available for transfers between Terminals 1 and 2.

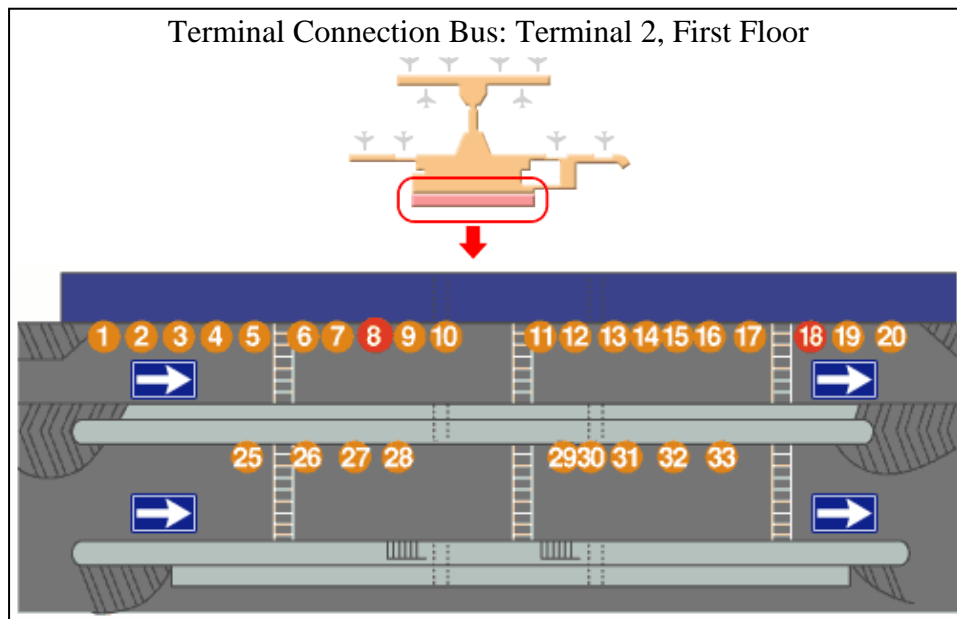
Terminal Connection Bus Stops:

Terminal 1, Arrivals level (1st Floor): Stop No. 6

Terminal 2, Arrivals level (1st Floor): Stop No. 8 and 18

Travel Time: Approximately 10 minutes

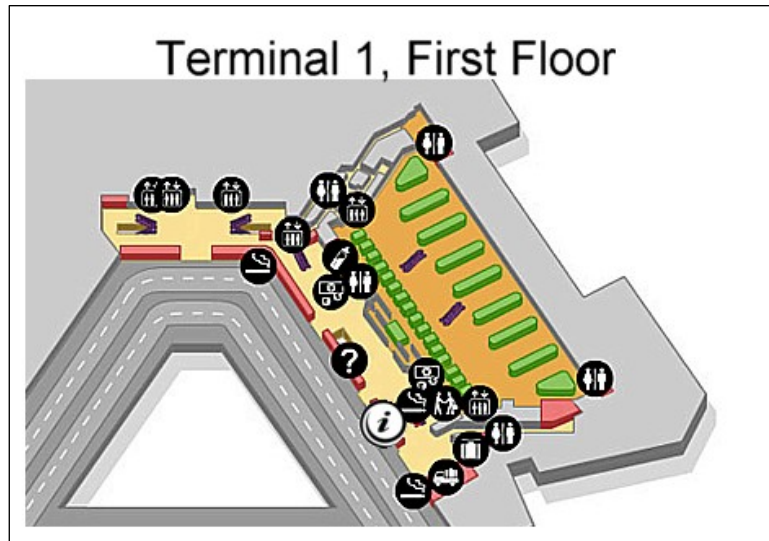
Operating Hours: 0630-2230



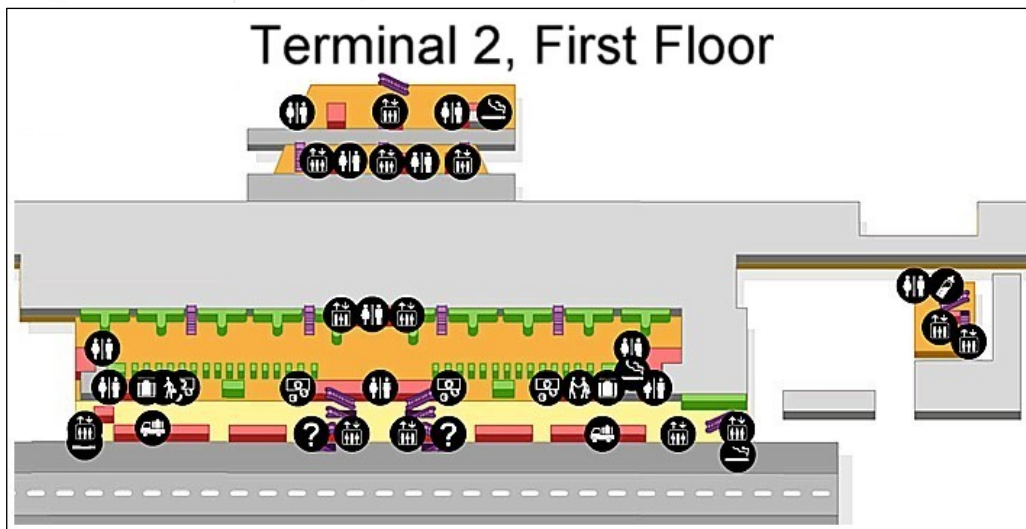
- **Travelers with Pets:** Large pets can be only be transported from Narita Airport to Haneda Airport via Yokota AB, 374 SVS. Reservations should be made at least one week in advance. If you have a large pet, ask your sponsor to contact Yokota, 374 SVS/Vehicle Operations at DSN 315-225-9520 with your flight/pet information and arrange for a van to transport you and your pet from Narita to Haneda. The cost is currently \$200.

Travelers with small pets (in cages) can utilize the *AIRPORT LIMOUSINE* service for transportation between airports. Prices range from 3,000 to 6,000 yen per pet.

Travelers with small pets may also travel via Japan Rail Line to Misawa. Travel arrangements can easily be made at Japan Rail counter in the basement of Terminal 1 or Terminal 2. Criteria for rail: Size of cage (L + W + H): No more than 35"; Weight: Maximum 21 lbs with cage. Pets must always be in view of the owner. The cage must not be an obstacle in the path of any passengers. (Note: The cage must be kept at the passenger's seat, not between cars).



- | | | |
|---------------------|---------------------|------------------|
| Information | Meeting Point | Baggage Delivery |
| Elevator | Nursery | Baggage Storage |
| Rest Room | Bank/Money Exchange | Smoking Area |
| DoD Liaison Counter | | |



3. By train from Narita International Airport: If the above travel arrangements do not fit your schedule, you can also consider traveling by train (be sure to check with your TMO to ensure how much of this is reimbursable). This may be a little more challenging due to limited space for luggage and the number of transfers you will need to do.

- After your arrival at Narita, proceed down stairs to the ground transportation / train area. There will be a ticket counter to purchase your train ticket from Narita to Misawa. You will have a ticket for each leg of the trip and a receipt ticket. You can put all four in the station gates, and the machines will automatically keep the ticket for the leg of the trip you have just finished. There are always attendants at the gates if you have any questions or problems. Although their English maybe limited, it is usually good enough to get you on your way. The first leg of the trip is from Narita International Airport to Tokyo Station on the “Narita Express.” The second leg of the trip goes from Tokyo Station to Hachinohe on the “Hayate” Shinkansen (bullet train). The last leg is from Hachinohe to Misawa Train station. From there, it is a short taxi ride to the base.

4. **Keep your sponsor informed!** Prior to departing your base, it is important that you contact your sponsor to inform them of when and how you'll be arriving at Misawa. The trip from the states is long no matter how you travel, and you'll probably be tired and worn out. Seeing the friendly face and helping hand of a sponsor can make that first day much better. The importance of notifying your sponsor of your travel plans before leaving your base cannot be stressed enough.

B. IN-PROCESSING AND INTRO PROGRAM:

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Most newcomer's will arrive on the Patriot Express on a Wednesday. The INTRO Program schedule is as follows:

- Fri: MPF In-Processing (0730) – Building 653, Rm 111 (Contact number: 226-4780)
Check with your CSS to verify location and ensure the day hasn't changed. When Friday is a holiday, in-processing will take place the following Monday. In-processing normally takes about half a day. You will need to bring the following items with you to this appointment:
1. 10 copies of PCS orders and amendments
 2. **All** receipts, including commercial auto, bus, lodging and any additional expenses over \$75.00
 3. **All** SATO and commercial airline tickets
 4. Recruiter's Assistance Letter (if applicable)
 5. Any advance travel pay information
 6. Any finance records
 7. New PSC address and duty phone number
 8. A dark blue or black ink pen
- Mon: Base Info Fair & Driver's Training (1300) – Enlisted Club
Active duty and spouses must attend the Driver's Training in order to obtain a driver's license for Japan. (Note: For the 1st Monday of each month and Federal holidays that fall on Monday, this training is held the following Wednesday.)
- Tues: Newcomer's Briefing (0745-1200) on the 1st and 3rd Tuesday (2nd and 4th in July) – Enlisted Club.
Check with your CSS to ensure date and location. This is mandatory for active duty. Spouses are highly encouraged to attend.

The INTRO Tours are provided by the Family Support Center (226-4735). All tours depart from the Misawa Inn Conference Room.

- Wed: Base Bus Tour, Misawa City Brief, Culture Class (0745-1215)
- Thurs: Misawa City Tour (0745-1130)
- Fri: Hachinohe City Tour (0745-1430 – Summer, 0845-1430 – Winter)

These tours are MANDATORY for all Air Force and Navy personnel and highly recommended for all other (including family members). For further information or to sign-up (if you didn't during your in-processing) call the Family Support Center at 226-4735.

The “**Warrior Brief**” is held the last Wednesday of each month from 0800-0900 in the 35th OSS. This is a classified briefing for active duty Air Force. You must have a copy of your orders and your ID card to attend.

- a) All newcomers must attend the MPF in-processing in Bldg. 653, Room 111. Currently it is held each Friday at 0730. Verify with your orderly room to ensure this day hasn't changed.

C. FIRST TERM AIRMAN'S CENTER (FTAC):

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If Misawa is your first duty station you will attend a 2 week orientation to Misawa through the First Term Airman's Center. Go to the In-processing listed above and you will receive further information about when and where to go to start your orientation. Any questions, please call 226-3086 or stop by Bldg. 1000.

3. COMMUNITY INFORMATION

THE LAND OF THE RISING SUN!

Welcome to Misawa Air Base, a great place where U.S. Forces Japan and Japan Air Self Defense Forces, along with the Misawa Community, join together in a cooperative spirit to create one of the Pacific's finest military communities. Our unique location and war-fighting mission make Misawa an exciting place to work and play.

A. LOCATION AND GEOGRAPHY

1. Location: Latitude 40° 40' N, Longitude 141° 23' E

This is approximately the same latitude as Central Park in New York City; Newark, New Jersey; Kearney, Nebraska; Peoria, Illinois; Lima, Ohio; and Salt Lake City, Utah.

2. Geographical Features:

Misawa City is located in the southeastern portion of Aomori Prefecture on the northern end of Honshu Island. The Pacific Ocean lies at its east and Lake Ogawara on its northwest. It is surrounded by the towns of Kamikita on the west and the towns of Shimoda and Momoishi to the south. Misawa City is shaped like a rectangle and is 11 km wide (east-west) by 25 km long (north-south). It covers an area of 120.76 square kilometers (46.6 square miles) and has an elevation of approximately 130 feet.

Misawa has an airport, JR Eastern Japan Train Station, and Towada Kanko Dentetsu Station. Because Route 338 is along the Pacific coastline, Misawa is a transportation focal point to go to Lake Towada, Shimokita Peninsula, the northern part of Sanriku coast in Iwate Prefecture, or to Hachinohe, Towada, Aomori, and Mutsu cities.



3. Population of Misawa City is approximately 44,000.

4. The Japanese People are some of the most polite, friendly and courteous you will ever meet. Just remember their culture and customs are different from ours and we are in **their**. Japan is a very safe country with very low rates of violent crime. The water here is safe to drink. Fresh fruits and vegetables (in season) and seafood are cheaper off base and of better quality. Just wash all fruits and vegetables first.

B. WEATHER

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1. Seasonal Summaries:

WINTER (December through February): Temperatures cool to an average minimum of 22°F in February, the coldest month of the year. Brisk winds during this season combine with the low temperatures to create unpleasant wind chill conditions. Snow shower activity is frequent, with January receiving an average of 38.3 inches of snow.

SPRING (March through June): While March continues to experience snow showers, receiving an average of 19.6 inches, April brings a true spring. Monthly average temperatures warm to 66°F in July from the 28°F experienced in January. Winds continue to be westerly, but switch to east southeasterly in May. This ends the pleasant spring-like conditions as low ceilings, drizzle, and fog become predominant through the remainder of this season.

SUMMER (July to October): The average monthly temperature reaches its peak of 70.1°F in August. Early in this season, the precipitation pattern is spring-like, with daily occurrences of rain and drizzle. These conditions

lead to a hot humid period, when mildew and mold are common problems. By September, conditions improve as Misawa transitions into the fall season.

FALL (October through November): Cloudiness and precipitation decrease appreciably during this season. The cooling of temperatures from summer combined with the fall scenery make this season perhaps the most enjoyable in northern Japan.

2. Misawa Weather Facts:

- First snowfall is usually near 7 November.
- First measurable snowfall is usually around 17 November.
- First measurable snow depth is usually around 25 November.
- Last snowfall is usually around 15 April.
- Last measurable snowfall is around 5 April.
- Last measurable snow depth is usually around 29 March.

3. Temperatures and Precipitation:

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Ave (°F)	27.8	26.6	34.6	43.7	53.9	57.1	66.3	70.1	61.6	53.3	41.5	33.5	47.5
Ave High (°F)	35	33	43	54	65	66	75	79	70	63	50	41	56
Ave Low (°F)	23	22	29	36	47	52	62	66	57	47	36	28	42
Days of Precip	16	15	12	10	10	11	12	12	13	11	13	14	150
Precip – All Types (Inches)	3.21	2.82	2.79	2.85	3.17	4.14	4.54	5.26	6.46	4.10	3.07	2.41	43.4
Snow (Inches)	38.3	34.9	19.6	2.6	Trace	-	-	-	-	Trace	7.0	22.5	125

C. FESTIVALS AND HOLIDAYS:

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1. Misawa Area Festivals:

Misawa Snow Festival	Feb	Misawa Port Festival	August
Spring Commerce Festival	May	Misawa Festival	August
A Cherry Flowers Festival	May	Miss Veedol Festival	August
American Day Festival	June	Air Festival	September
The Lake Ogawara Festival	July	Industries & Culture Festival	October
The Tanabata Festival	July	Christmas Festival	1-25 Dec
Beef and Potato Festival	August		

2. Japanese Holidays and Annual Events (* denotes National Holiday)

January 1st* : New Year “Shogatsu”

January, 2nd Sunday* : Coming-of-Age Day “Seijin-no-hi”

February 3rd : Bean-Throwing Ceremony “Setsubun” Eve of the spring first day

March 3rd : Girls’ Festival or Doll Festival “Hinamatsuri”

March 21st* : Vernal Equinox Day “Shunbun-no-hi”

April 29th* : Greenery Day “Midori-no-hi” (Birthday of the late Emperor Hirohito)

May 3rd* : Constitution Day “Kenpo-kinenbi”

May 5th* : Children’s Day or Boy’s Festival “Kodomo-no-hi”

July 7th: The Star Festival “Tanabata”
 July 20th*: Marine Day “Umi-no-hi”

August 13th~16th : The Festival of Souls “Obon”

September 15th* : Respect for the Aged Day “Keiro-no-hi”
 September 23rd* : Autumnal Equinox Day “Shunbun-no-hi”

October, 2nd Monday* : Health & Sports Day “Taiku-no-hi”

November 3rd* : Culture Day “Bunka-no-hi” (Birthday of the late Meiji Emperor)
 November 15th : Gala Day for children of 3, 5 and 7 years of age “Shichi-go-san”
 November 23rd* : Labor Thanksgiving Day “Kinro-kansha-no-hi”

December 23rd* : The Emperor's Birthday “Tenno-Tanjyoubi”

D. TIME CONVERSION CHART:

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Be sure to share this with friends and family, so they know when to call you. The chart below represents time zones during Standard Time. Japan does not participate in Daylight Savings Time, so all stateside times need to be adjusted up one hour during Daylight Savings Time.

		↓	PREVIOUS DAY USA				↓	
Japan Korea	PI Taiwan	Hawaii	Pacific Standard	Mountain Standard	Central Standard	Eastern Standard	Greenwich Mean Time	Paris Vienna Berlin
0100	2400	0600	0800	0900	1000	1100	1600	1700
0200	0100	0700	0900	1000	1100	1200	1700	1800
0300	0200	0800	1000	1100	1200	1300	1800	1900
0400	0300	0900	1100	1200	1300	1400	1900	2000
0500	0400	1000	1200	1300	1400	1500	2000	2100
0600	0500	1100	1300	1400	1500	1600	2100	2200
0700	0600	1200	1400	1500	1600	1700	2200	2300
0800	0700	1300	1500	1600	1700	1800	2300	2400
0900	0800	1400	1600	1700	1800	1900	2400	0100
1000	0900	1500	1700	1800	1900	2000	0100	0200
1100	1000	1600	1800	1900	2000	2100	0200	0300
1200	1100	1700	1900	2000	2100	2200	0300	0400
1300	1200	1800	2000	2100	2200	2300	0400	0500
1400	1300	1900	2100	2200	2300	2400	0500	0600
1500	1400	2000	2200	2300	2400	0100	0600	0700
1600	1500	2100	2300	2400	0100	0200	0700	0800
1700	1600	2200	2400	0100	0200	0300	0800	0900
1800	1700	2300	0100	0200	0300	0400	0900	1000
1900	1800	2400	0200	0300	0400	0500	1000	1100
2000	1900	0100	0300	0400	0500	0600	1100	1200
2100	2000	0200	0400	0500	0600	0700	1200	1300
2200	2100	0300	0500	0600	0700	0800	1300	1400
2300	2200	0400	0600	0700	0800	0900	1400	1500
2400	2300	0500	0700	0800	0900	1000	1500	1600

E. EMPLOYMENT OPPORTUNITIES:

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This section has information on AAFES, DODDS, Family Day Care, Federal, NAF, and reserve opportunities in the area. In addition to the items listed below, there are several universities, a bank, credit union, and contract positions on base. Also, many people have home businesses or volunteer during their time at Misawa.

1. AAFES

Building 325 Tel: 222-5163
Hot Line 222-7926
Applications accepted Mon – Fri, 0730-1630

AAFES, the Army & Air Force Exchange Service, is a worldwide retail, food and service business. It is a Department of Defense non-appropriated fund instrumentality (NAF). AAFES participates in the Military Spouse Preference program. Applications may be picked up any weekday, Monday-Friday. At the time the application is submitted, a screening interview will be conducted. Applications are maintained in an active status for three months and may be renewed for another 3 months by calling 222-6070/5162.

SAMPLE POSITIONS

Cashiers	Exchange Detectives	Office Associates	Warehouse Workers
Cashiers/Checkers	Food Service Workers	Operations Clerks	Warehouse Workers EMS
Cooks	General Sales	Sales Associates	(Early Morning stockers)
Custodial Workers	Laborers	Store Associates	
Customer Service Reps	Mobile Sales Associates	Ticket Sells	

2. DODDS (Department Of Defense Dependent Schools)

Sollars Elementary School	226-3933
Cummings Elementary School	226-2647
Edgren High School	226-4377

Applicants for DODDS positions **must be U.S. citizens**, except for a few host nation hires. DODDS utilizes the Military Spouse Preference program which gives military spouses a one-time priority over other applicants once each PCS.

Positions at DODDS schools include teachers, substitute teachers, educational aids, substitute nurses, secretaries, office automation assistants, school administration clerks, health aids, library media clerks, clerk typists, data transcribers, computer clerks, monitors, mail clerks, and financial clerks. There are other support positions hired through AAFES and the Civilian Personnel Office.

Positions are advertised locally and announcements include instructions on how and when to apply. Employment packets can be picked up at any one of the schools. Applications are kept on file.

3. Family Child Care Program

Bldg 697 (behind Misawa Inn) Tel: 226-CARE (2273)
Office Hours: Mon – Thu 1300 - 1600

You may care for children in your home once you have been approved by the Family Child Care Program. FCC providers are required to obtain CPR, First Aid, and food handler's certificates. The FCC Coordinator, the Fire Department, Environmental Health, and the Safety Office inspect their homes. The last step before receiving their certificate is to purchase liability insurance. The approval authority for FCC homes is 35 MSG/CC. Contact the FCC Coordinator at the 35th Services Squadron (SVS), Bldg 697 at 226-2273 or 226-CARE.

4. Federal Employment (Air Force):

Civilian Personnel Office Tel: 226-4621
Building 656, Room 253 Hot Line: 226-2006
For current vacancies and further information, visit the Air Force Personnel Center webpage at <http://ask.afpc.randolph.af.mil/>.

Most civil service positions at Misawa require typing/computer skills. Most of the local hire positions are in the categories of clerical/secretarial, child care providers, or motor vehicle operators (school bus drivers). Check the FSC's Community Resource Center for the date of our next free fundamental Computer Skills course. Other positions are occasionally advertised. When searching for US Federal Civil Service positions worldwide (including those at other Air Force bases), a good source of information is the Internet. <http://www.usajobs.opm.gov>

5. Federal Employment (Navy):

Misawa POC for Yokuska CPO Tel: 226-4239
Building 980, 2nd Floor

The Navy has about five civilian positions at Misawa, all of them at the Naval Air Facility. Most of the positions are clerical or secretarial. One is a registered nurse position.

6. Non-Appropriated Fund (NAF) – 35th Services Squadron

Building 656, 2nd Floor 226-3108
Building 656 Job Hot Line: 226-Jobs (5627)
Contract Division Tel: 226-9281

The NAF Personnel Office is the central location for all Community Support Squadron and Billeting non-appropriated fund personnel functions. Services Squadron utilized the Military Spouse Preference program. **Again, ask about this program. It can be confusing!**

Positions are located in facilities such as the Officers and NCO clubs, Bowling Alley, Golf Course, Services Squadron supply, Ski Lodge, base beach, Arts & Crafts Center, Child Development Center, preschool program, gyms, Teen and Youth Centers, Veterinary Clinic, and the Mokuteki Recreation Center. Apply for announced jobs by picking up an application at the NAF Human Resource Office, 10:00 a.m. to 3:30 p.m., Monday through Friday.

Some jobs are announced on radio and TV as well as published in the Misawa Air Base Bulletin and Navy Plan of the Week. Applications are kept active for 90 days, and must include a copy of the sponsor's PCS orders.

There are contract jobs available for services such as dance instructors, arts and crafts instructors, swim team coaches, gymnastics instructors, self defense instructors, youth sports officials, etc. Call the contracts office at 226-3895/3496 for more information.

7. Contracting Positions

A very small number of contract jobs are available military spouses. The positions are primarily at the 35 Medical Group, the Base Education Office and the Family Support Center. Contact the 35 Contracting Squadron for information on available positions at 226-3750.

8. Home Business

Some businesses for profit may be conducted from your military family housing unit. The approval authority for home business requests is 35 MSG/CC. Anyone desiring to operate a business out of military family quarters must contact the Housing Office at 226-3200 for an information packet.

F. SCHOOLS:

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1. Sure Start Program

Sure Start is an educational program designed to help pre-kindergarten children (4 years of age prior to 31 October) get ready for school. Equivalent to Head Start in the United States, it is part of the National Educational goals. The target population includes children of junior enlisted sponsors (due to limited income and/or resources), single parents families, parent(s) non high school graduate, large families with stretched resources, and younger families stationed in isolated areas. Sure Start family income is the most important, but not sole, factor considered in enrollment.

In developing Sure Start, program designers looked to the highly acclaimed Head Start mode for guidance. With three decades of successes to its credit, Head Start was singled out as a “shining star among Federal Programs.” Sure Start strives to incorporate the many features of Head Start which correlate with high quality. These include the following:

- A full day program (6 hours, based on the school location of the program)
- A four-pronged service delivery system (education, health, social services, and parent involvement).
- Medical, dental, and developmental screening for all enrolled children.
- Nutritious lunches and snacks that take into account children’s individual and cultural preferences.
- Active involvement in the program by families of all children.
- Developmentally appropriate practices at the core of all programming. Careful planning ensures that the program environment, climate, materials, routines, and activities are appropriate to the children’s age, individual needs, and cultures.

Sure Start is made up of four equally important components. The education component offers children a variety of learning activities that encourage their socio-emotional, cognitive, and physical growth. The health component provides children with comprehensive medical, dental, mental health, and nutritional services. The social services component extends outward to families, providing referrals and linkages with all of the community resources on an installation.

The mandatory parent involvement component of the Sure Start program is base on the philosophy that children benefit most when parents become partners with teachers in their children’s education. Requirements of the parent involvement component include a parent orientation and monthly parent meetings. Parents agree prior to registration that an involvement commitment is a precondition for enrollment.

Also, for more information about the program in general, visit the DoDEA Sure Start Home Page: www.dodea.edu. For application and enrollment qualifications call Sollars Elementary at 226-3933 or Cummings Elementary at 226-2641 for more information.

2. Department of Defense Dependents Schools (DoDDS):

Misawa AB has three DoDDS facilities:

Cummings Elementary School (DSN 226-2647)

Grade Level: PreK-6

Areas Served: 800-area housing and north area housing

Sollars Elementary School (DSN 226-3933)

Grade Level: PreK-6

Areas Served: main-base housing and off-base housing

Edgren High School (DSN 226-4377)

Grade Level: 7-12

Areas Served: entire Misawa community

a. Registration Process: When you first arrive at Misawa your child will temporarily attend Sollars ES; as it is zoned for Temporary Billeting/Quarters. When you know where you will be living (on or off base), there is a possibility that your child could be moved to another school, unless you remain in the same zoned area. You will need to register.

b. Required Documentation

- Immunization Certificate. All students must have their immunizations updated and certified by the immunization personnel at the Misawa AB Hospital. School Officials require DoDDS Certificate of Immunization Form/DSPA 122.1 (Jan 94) at the time of registration. This form can be obtained at the school office. Contact the Immunization Clinic, DSN 226-6192 for more information.
- Passport or Birth Certificate (Pre-K, Kindergarten and First Grade only).

- **Orders.** Copy of Sponsor's orders with children listed as command-sponsored family members. Navy personnel: Beside PSC Orders must have dependent entry approval/Eligibility for DoDDS Form in order to register.
- **DEROS Verification.**
- **Academic Records.** Previous school records or address of previous school in case in-processing school needs to request records/additional. Include an Individualized Education Program (IEP) and any other supporting documentation if eligible for special education or other services.
- **Student's Social Security Number.** The student's social security is needed to complete registration. If you have forgotten your child's SSN, contact the Military Personnel Flight Customer Service (bldg 653), 226- 3962 for assistance. Or you have not applied for a SSN for your child; contact the Legal Office (bldg 656) at 226-4022 for assistance.
- **Emergency Point of Contact.** Emergency contact information is **required** to complete the registration process. Newly arriving families often do not know anyone at their gaining base. Many parents list supervisors, commanders or sponsors when they first arrive, and update their emergency POC once settled.

c. DODEA Web Site: Visit the DODEA web site at www.odedodea.edu for more information about DoDDS and Misawa Schools.

d. Transportation: The DoDEA Pacific Transportation Management Office (PACTMO) administers school bus transportation for Misawa AB. The Misawa Student Transportation Office (STO) will register authorized students, issue bus pass and assign students to busses. Please call DSN 226-9119 for more information on transporting students to school.

e. School Meal Program: The Army and Air Force Exchange Service (AAFES) provides lunch to students attending Misawa AB schools. Children who qualify under USDA guidelines may get lunch free or at a reduced price. To apply complete the Free and Reduced Price School Meals Application. Return the application along with a copy of a current LES to the School Liaison office, Torii Building, Room 1458. If your spouse is also employed, a wage earning statement is required. Applications are available in the Schools Liaison office in the Torii Building (schools.officer@misawa.af.mil) and at the schools.

3. Higher Education:

During your stay in Misawa, you should meet with the Education Center or the Navy College representative to discuss your educational goals. The schools on base are Central Texas College, University of Maryland, University of Phoenix, and Troy University. For more information contact the Education Center at 226-4201.

a. Spouse Tuition Assistance Program: Be sure to check with the local Air Force Aid Society (226-4735) and/or the Navy Marine Corp Relief Society (226-3721) to see what assistance is available for spouses overseas.

b. Education & Training Flight Services: Bldg. 653 Room 203/204, 226-4201/3904 Commercial: 011-81-3117-66-4201, Fax: 226-9576.

- Testing
- Tuition Ast. & Financial Aid
- Navy College
- ECI College
- Community College of the AF
- Counseling

- Military Training
- CDC Test Administration

Available Tests:

- CLEP/DANTES
- GED/SAT/ACT/PRAXIS
- ECI Tests

c. Central Texas College, 222-8208

Courses offered through classroom/video instruction

Associates Degrees:

- Applied Management
- Early Childhood Professions
- Law Enforcement

- General Studies

Preparation Courses:

- Airframe & Power plant Certificates

d. University of Phoenix, 226-3687

Master's Degrees:

- Management
- Education

e. University of Maryland, 222-8290/8225

Courses are offered through classroom instruction and distance learning via the Internet

Certificates:

- Accounting
- Computer Studies
- Japanese Studies
- Management

Associates:

- Accounting
- Business & Management
- Computer Studies
- General Curriculum
- Japanese Studies
- Management Studies
- Mathematics

Bachelors of Arts/Science Degrees:

- Asian Studies
- Business & Management
- Communications
- Computer Information Systems
- Computer Studies
- English
- Government & Politics
- History
- Information Systems Management
- Management Studies
- Psychology
- Sociology

G. CHILD CARE:

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In this section you will find information on the CDC, Family Home Day Care, School Age Programs and the Air Force Aid Program for assisting with childcare for PCS and volunteers.

1. Child Development Programs at Misawa Air Base offer full day care for children 6 weeks to 5 years of age. There are two centers servicing the Misawa community, Yoiko & Zeamer.

YOIKO CHILD DEVELOPMENT CENTER

Located on main base. DSN: 226-4666, Commercial: 011-81-3117-66-4666

FAX: 226-5453, 011-81-3117-66-5453

Yoiko Child Development Center built in 1998, has 20 classrooms, four that are being used as our School-Age Program (SAP) Annex. The capacity of this facility is 321 children.

ZEAMER CHILD DEVELOPMENT CENTER

Located in the North Area, DSN: 226-2419, Commercial: 011-81-3117-66-2419

FAX: 226-2263, 011-81-3117-66-2263

Zeamer Child Development Center is located in the north area of the base. The facility was built in 1988 and has 6 classrooms. The capacity of this facility is 76 children.

Child Development Programs Contact Info:

FAX: DSN (315) 226-4666/4667

COMMERCIAL 011-81-3117-66-4666/4667

If you are PCSing to Misawa Air Base, and wish to be placed on the waiting list, you can pre-register your child(ren) by accomplishing the following: - Fax a copy of DD form 2606 and a copy of your orders using the fax number or address listed above. DD form 2606 can be picked up at your local on base Child Development Center. - Your orders and the date that the information is received will determine where you will be placed on the waiting list.

Upon arrival at Misawa Air Base, if space is not yet available at one of the centers or you would prefer a home setting over center-based care, you may contact the Family Child Care office for referral to a quality, licensed provider.

What You'll Need To Enroll Your Child(ren)

- A copy of your child(ren)'s shot records. All shots must be current or medical documentation must be provided if a required shot can't be given.
- A copy of your LES/pay stub (within 30-days), that lists your entitlements, such as base pay, BAS, BAQ, etc. (Required for center-based care only)
- A completed AF fm 357, "Family Care Plan". (Required for all single and dual military families. Required at enrollment)
- Special Needs and/or allergies to foods, insect bites, or any type of allergies will require medical documentation. This will help us determine if we will be able to meet your child's needs.

2. The Family Child Care Office is located at bldg. #697. (For more information about Family Child Care, see Family Child Care in this website). The Coordinators will assist you in finding a provider who fits your needs. Give them a call at 226-CARE they will be glad to send you information on our Family Child Care Programs

3. School Age Program:

Cheli School-Age Program

Fax: DSN: (315) 226-2560

Commercial: 011-81-3117-66-2560

Limited drop in care is available at both locations for new arrivals completing in-processing. Presently, there is a waiting list for permanent center-based care. If you are PCSing to Misawa and wish to be placed on the waiting list, you can pre-register your child by accomplishing the following:

Fax a copy of DD Form 2606 and a copy of your orders using the fax number listed above. You can also mail it using the address listed above. DD form 2606 can be picked up at the Child Development Center or School Age Program at your current base. Your orders and the date that the information was received will be used to determine where you will be placed on the waiting list. Once you have arrived in Misawa, if a space is not yet available or you would prefer a home setting over center-based care, contact the Family Child Care office for referral to a quality, licensed provider. The Family Child Care Office is located at bldg. #697 and can be reached by phone at DSN 226-2273.

Requirements: to enroll in the school age program or family child care programs, you must have the following:

- A copy of your child's shot records. All shots must be current.
- A copy of your most current LES/pay stub that lists out your entitlements such as base pay, BAS, BAH, etc.
- A completed AF Form 357, "Family Care Plan" if you are single/dual military

The School Age Program offers a before and after school program and summer and holiday camps. Hours of operation are from 6:00 a.m. to 6:00 p.m. On the days that school is not in session, full-day is offered. Weekly rates are based on a sliding scale commensurate with total family income. Misawa Air Base has two elementary schools. Children attending Cummings Elementary School located in the north area of the base will be transported by bus each morning and afternoon. Children attending Sollars Elementary School will be walked to and from school by the School Age Program Assistants daily.

4. Child Care for PCS: Childcare for PSC provides 20 hours of child care per child, within 60 days of departure or an arrival at Misawa AB. Paid for by the Air Force Aid Society. The Air Force limits the authorized providers to on-base, licensed Family Day Care homes. Call the Family Support Center for more information, 226-4735.

Eligibility:

- Currently, all active duty Air Force personnel are eligible for this program at Misawa.
- Certificates are valid only on the base where the certificate is issued.
- Enrollees must present certificates at the time they access child care.

5. Child Care for Volunteering

Any individual interested in volunteering in non-fund raising activities that support the entire Misawa community is eligible to use the Child Care for Volunteer Program. Only licensed home child care providers residing on Misawa Air Base are eligible to provide child care services for this program. Providers must be registered with the Family

Child Care office in order to receive payment. For all volunteers, the maximum that Air Force Aid Society can pay is \$280.00 per month (Air Force Aid Society currently pays the providers \$4.00 an hour per child). Visit the Family Support Center or call for more information on volunteering or using this program, 226-4735.

H. MEDICAL CARE:

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To Make an Appointment: Medical appointments are available for routine medical conditions, acute illnesses, and health maintenance exams for children and adults. The appointment line 226-6111 is open 0700-1600 daily. Dental exam appointment, for other than active duty Air Force personnel, should be made during the military sponsor's birth month. The dental appointment line is 226-6700 is open 0700-1600 daily.

Prescription Refills: Call 226-6608 for prescription refills or visit our web site at www.misawa.af.mil/orgs/35mdg to access our "On-line Pharmacy Refill Request Form". Refill requests before 0700 will be available after 1000 that duty day.

For Medical Emergency or Ambulance Service call 911 or 53-1911 off base.

Services and clinics available at the 35 Medical Group include:

- | | | |
|-------------------------|------------------------|-------------------------------|
| • Family Practice | • Optometry | • Immunization |
| • Internal Medicine | • Flight Medicine | • Occupational Health |
| • Pediatrics | • Emergency Services | • Health Promotion & Wellness |
| • Obstetrics/Gynecology | • Physical Therapy | • Family Advocacy |
| • General Surgery | • Nutritional Medicine | • General Dentistry |
| • Orthopedics | • Medical laboratory | • Pediatric Dentistry |
| • Psychiatry | • Pharmacy | • Oral Surgery |
| • Behavioral Health | • Radiology | • Orthodontics |
| • Substance Abuse | • Public Health | • Periodontics |

I. CHAPEL / WORSHIP:

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1. Main Base Chapel, Bldg. 358, DSN 226-4630. Call for information on other faith groups, Holy Days, programs and activities

Protestant

Sunday, 0800 – Holy Communion
Sunday, 1100 – Traditional Protestant
Sunday, 1400 – Inspirational
Sunday, 1700 – Contemporary

Religious Education (226-5640)

Sunday 0930
(Sept-May @ Sollars Elementary)

Cross Point Youth Group (226-5640)

Tuesday, 1800-2100 Chapel Annex
Thursday, 1800-2030 (Jr High)

Jewish

1st Friday, 1800
3rd Friday, 1900

Catholic

Sunday, 0930 – Mass
Sunday, 1230 – Mass
Tuesday thru Friday, 1130 – Mass
Wednesdays, 1700 – Youth Mass

Religious Education

Sunday 1100-1200
(Sept-May @ Sollars Elementary)

Rite of Reconciliation

Sunday 0845 – 0915 or by appointment; call 226-4630

Islamic

1200 Worship (Friday)
1800 Talim (Saturday)

2. SECURITY HILL CHAPEL:

Seventh Day Adventist

Saturday, 1000

United Pentecostal Services

Sunday, 1300

Thursday, 0900 – Bible Study

Church of Christ Services

Sunday, 1015 & 1730

Sun, 0900 and Mon, 1900 – Bible Study

3. OTHER PLACES OF WORSHIP:

Calvary Baptist Church

Ph: 52-7544 – Pastor Robert Smith

Greater Love Missionary Baptist Church

Ph: 226-6404 – Pastor Shawn Smith

Christian Serviceman Center

Ph: 53-9850 – Rev. Demps Overcash

Islamic

Ph: 226-1171/222-5694 – Tariq Mela

Church of Christ

Ph: 226-3400/222-6378 – Vincent Gordon

Korean Christian Church

Ph: 51-1134 – Rev. Sung Joo Lee

Church of God in Christ

Ph: 222-9563 – Pastor Kevin Ward

Ph: 57-4217 – church

Paganism

226-1730/222-8424 – Andrew Pine

Church of Jesus Christ of Latter-day Saints

Ph: 222-5406 – Pres. Shayne Stokes

Ph: 53-5379 – missionaries

Ph: 53-9656 – church

Our Lady of Assumption

Ph: 57-0105 – Fr. Andre Leveille

Faith Baptist Church

Ph: 53-8517 – Pastor Robert Monteirh III

www.fbc/misawa.org

United Pentacostal Church

Ph: 226-4129/222-9778 – Robert Enstrom

J. RECREATION:

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There is so much to see and do, that you could keep busy your whole tour. Skiing (very cheap), snow/ice festivals, ice skating, hockey, sledding, snow shoeing, etc. are available in the winter. Spring brings more festivals, cherry blossoms and trips/tours. Summer has water skiing, canoeing, paddleboats, swimming, hiking, trips/tours, festivals, camping, etc. More of the same in the fall. The Japanese love it when we join in on their festivals. It does not matter if you know what you're doing or not. The base regularly has trips and tours offered through ITT and Outdoor Recreation. Plus, many places are within easy driving distances. The base has indoor heated swimming pool that is open year round and they offer swimming classes and water aerobics. Various clubs on base make it easy to get involved. Information on recreational activities is available at Outdoor Recreation and the Family Support Center.

K. PHONES AND INTERNET:

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1. Phones – General Information: US portables/cordless phones are illegal in Japan. **Walkie-talkies are also illegal in Japan.** It is a \$10,000 fine if you are caught with one. All phones on base are DSN lines. The bill comes directly out of your Sure Pay, long distance is separate and you must arrange for it from one of the local agencies. Long distance services are available for as little as .13 a minute. Phone cards are great too.

2. Phones – Off-base Residences: Options for phone service off base include:

- Purchase a phone line. This is very expensive in Japan and can be well over \$500 and still includes monthly service charges.
- Rent a phone line.
- Pay the monthly bill for a phone line already owned by the landlord.
- Install a pay phone (yes, a pay phone in your home).
- Have no phone at all.
- Purchase a cell phone.

If you plan to have internet service in your off-base residence, the service provider may be able to assist with arranging phone service as well.

3. Phones – On-base Residences:

Base residents have the choice of two service plans. Both include DSN capability within Mainland Japan.

- B-1 FULL SERVICE: Direct Local and Long Distance Calls Capability
- B-4 RESTRICTED SERVICE: Direct Local Calls Capability Only

Class B-1	One Main Line	Main & One Ext	Main & Two Ext
Monthly Charge	\$34.68	\$34.68	\$34.68
Monthly & features	\$37.18	\$37.18	\$37.18
Installation Charge	\$34.68	\$48.55	\$62.42

Installation Charge (Per Extension) B-1: \$13.87

Class B-4	One Main Line	Main & One Ext	Main & Two Ext
Monthly Charge	\$26.01	\$26.01	\$26.01
Monthly & features	\$28.51	\$28.51	\$28.51
Installation Charge	\$26.01	\$36.41	\$46.81

Installation Charge (Per Extension) B-4: \$10.40


RECURRING CHARGES

- Basic Service Charges ----- B-1: \$34.68, B-4: \$26.01
- Features: Last Number Redial, Hold, Call Waiting, Call Forward--\$2.50

NON-RECURRING CHARGES

- Relocation (Per Extension) ----- B-1: \$13.87 B-4: \$10.40
 - Add New Jack (Per Jack) ----- B-1: \$13.87 B-4: \$10.40
 - Add or Remove Feature ----- \$1.00
 - Workorder Processing ----- \$1.00
- (Class/Number Change, Reactivate After TDY)

Local and Intra-Japan Calling Rates from on-base residences:

		08:00 - 19:00		Weekends, Japanese Holidays, 0800-2300		23:00 - 08:00	
		Yen	Sec	Yen	Sec	Yen	Sec
Local	Misawa, Towada (0176)	¥5.85	180	¥5.85	180	¥5.85	240
Up to 20km	Hachinohe(0178)	¥4.095	90	¥4.095	90	¥4.095	120
20-30km	Sannohe (0179)	¥4.095	60	¥4.095	75	¥4.095	90
30-60km	Ninohe (0195)	¥4.095	45	¥4.095	60	¥4.095	75
60-100 km	Mutsu (0175)	¥4.095	45	¥4.095	60	¥4.095	90
100km-	Sendai(022), Tokyo(03)	¥4.095	22.5	¥4.095	26	¥4.095	45

Cell Phone Rates (Calling from on-base line to cell phone)

Dial 99 -		FLAT RATE
	070-XXXX-XXXX	¥6.5 / 30 Seconds
	080-XXXX-XXXX	
	090-XXXX-XXXX	

Credit Card/Collect Call Access Numbers from on-base

AT&T 99-00539-111

MCI 99-00539-121

SPRINT 99-00539-131

International Phone Rates from on-base residences:

	FLAT RATE	
	Per Min	Every Sec
U.S.A., Hawaii, Alaska	¥5	¥0.08
Guam, Saipan	¥5	¥0.08
Puerto Rico	¥5	¥0.08
Philippines	¥15	¥0.25
Korea	¥10	¥0.16
Thailand	¥19	¥0.31
Australia	¥15	¥0.25
U.K.	¥17	¥0.28
France, Germany	¥20	¥0.33

Calls Billed In 1 Second Increments

4. Internet – Off-base Residences:

There are several internet service providers available to off-base residents, some with office right outside the Main Gate. There are many service options available including dial-up, ISDN, and fiber optic. Prices can vary greatly depending on the type of service and the method you use to obtain a phone line. Internet service providers can usually also help you with obtaining phone service. We recommend doing some comparison shopping, and you should be able to find a service that meets your needs and your budget.

5. Internet – On-base Residences:

The only internet provider available on base is JENS (Japan Telecom). Details on the service options are on-line at www.jtmil.com.

Service plans range from the “Economy Plan” at \$9.90 per month for 30 hours to the “High-Speed Access Plan” at \$59.95 for unlimited use. Both dial-up and high-speed services are available.

L. TELEVISION AND RADIO:[Return to Table of Contents](#)

TV and Radio stations: We do not have cable TV at Misawa yet, although it is projected for the near future.

Here’s what we have as of February 200:

Channel 3 – AFN Spectrum

Channel 4 – AFN Prime

Channel 5 – AFN News

Channel 6 – AFN Korea

Channel 7 – AFN Guide

Channel 8 – Pentagon Channel

Channel 9 – AFN Family

Channel 10 – AFN Movie

Channel 11 – AFN Sports

Channel 12 – AFN Atlantic

Channel 13 – Commander’s Access Channel

Channel 14 – Base Weather Channel

Channel 15 – 35 SVS Sq

Channel 16 - DoDDs

Channel 17 – Navy Movie Channel (G & PG)

Channel 18 – Navy Movie Channel (PG-13, R)

Channel 19 – Navy Movie Channel (PG-13, R)

The rest are local Japanese channels. Some have English programming, but they are very interesting even when you do not understand it! And on the weekends they will sometimes play movies in English.

Decoders are available through the BX to off-base residences for AFN programming. Without the decoder, only AFN Pacific is available.

AFN Radio is broadcast on 1575 AM, and 88.3 FM. More radio channels are available on base as part of the TV package.

M. CARS:

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Almost everyone buys used. You can't take Japanese cars back to the US without it costing a fortune. Average price is \$2-4,000, with trucks and vans running up towards \$7,600. But you can often find decent cars for less. Sometimes you can even get one free (they go fast, usually just junkers). Make sure it has 2 years Japanese Compulsory Insurance (JCI) on it. Or at the very least one year JCI left on it. You must purchase liability insurance on top of JCI. There is also road tax every April which averages about \$100 per car, but that is based on the kind of care you have. Also with JCI, when you have to JCI your car again, it is very expensive, so you might want to put a little money away each month for when that comes about.

N. PETS:

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If you bring a pet, keep all the paperwork you need with you. For information about what happens to your pet in the event of a NEO evacuation, contact the Family Support Center Readiness NCO or your unit Readiness Assistant Volunteer (RAV). We have a veterinary clinic on base. There are also 3 vet clinics off base that speak good English and in fact are sometimes cheaper! In the event of an emergency after hours you may call the hospital emergency room (not 911) to have them call the vet on call, or you may have to use the off base clinics. There are also people who pet-sit as a home business. Get a listing form the FSC or your unit RAV.

O. BASE DIRECTORY (ABBREVIATED)

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EMPLOYMENT AGENCIES

AAFES HRO	222-5163	Bldg. 325	M – F: 7:30 am – 4:30 pm Closed Federal Holidays
Civilian Personnel Office	226-4621	Torii Bldg	M – F: 7:30 am – 4:30 pm. Closed Federal Holidays
Navy HRO	226-4239	NAF Bldg 980	M – F: 7:30 am – 4:00 pm Closed Federal Holidays
Services Squadron HRO	226-3108/9275 Job-line: 226-jobs	Torii Bldg	M – F: 8:00 am – 3:30 pm Closed Federal Holidays

FOOD / RESTAURANTS

Burger King	222-5905		M – S 6:00 am – 9:00pm Sun 9:00 – 9:00
Café Mokuteki	222-6388	Bldg. 626	24 hours daily Closed 2nd Tue. Of month Lunch special 11:00 am – 2:00 pm Breakfast: 11:00 pm – 11:00 am
Dining Facility (Falcon Feeder)	226-1635	Bldg. 3262	
Dining Facility (Flight Kitchen)	226-3889	Bldg. 624	24 hours a day, 7 days week
Dining Facility (Grissom)	226-4463/4902	Bldg. 624	24 hours a day, 7 days week
Food court	222-6129	Bldg 325	M – F: 6:30 am – 8:00 pm Sat: 7:30 am – 8:00 pm Sun: 10:30 am – 7:00 pm.

Los Guerreros			
Los Guerreros (Mexican Restaurant)	222-4mex	Bldg. 1464	M – Sat: 11:00 am – 9:00 pm Sun: 5:00 pm – 9:00 pm
Magnums Steak & Seafood			T – Sat: 1700-2100
Mutsu Officers' Club	222-9516	Bldg. 486	M – F: 8:00 am – 5:00 pm. Closed 1st Mon. of month
Popeye's	222 – 7780		M – F 6:30 am – 9:00 pm Sat 9:00am – 9:00 pm Sun 10:00 am – 9:00 pm
Tohoku Enlisted Club	222- 9511/9513/9514	Bldg. 485	M – F: 8:00 am – 5:00 pm Closed 1st Mon. of month

MILITARY AND PERSONNEL SERVICES

Accounting & Finance	226-9242	Torii Bldg	M-W-F: 8:00 am – 4:30 pm T-Th: 9:00 am – 4:30 pm
Family Services	226-3666	Torii Bldg	M – F: 10:00 am – 2:00 pm
Family Support Center	226-4735	Torii Bldg	M – F: 7:30 am – 4:30 pm
Furnishings Management Office	226-3565	Bldg 1341	M – F: 8:00 am – 3:00 pm
Hospital	Appt. Line phone: 226-6111	Bldg. 99	Appt. Line hrs: M – F: 7:00 am – 4:00 pm
Housing	226-3200	Torii Bldg	M – Th: 7:45 am – 3:30 pm F: 9:00 am – 3:30 pm
Legal	226-4022	Torii Bldg	M – F: 8:00 am – 3:00 pm
Military Personnel Flight— Air Force	226-3962	Bldg. 653	M, T, Th, Fri: 8:30am – 4:30pm W: 9:00 am – 4:30 pm
Navy Personnel Support Detachment	226-4610	NAF, Bldg. 980	M – F: 7:30 am – 4:00 pm. W – Thur 7:30 am – 3:00 pm
Traffic Management Office	Inbound/outbound: 226-3525; QC: 226-3310	Torii Bldg	M - F 8:00 am – 3:30 pm

RETAIL

AAFES BX - Exchange Mall	226-3880/4990	Bldg 325	M – F: 10:00 am - 8:00 pm Sat: 9:00 am – 8:00 pm Sun: 10:00 am – 7:00 pm
Commissary	226-3823	Bldg 323	M, Tu, W, F: 9:00 am – 7:00 pm Th: 9:00 am – 8:00 pm Sat 9:00 am – 6:00 pm Closed sun. Early bird shopping M – F: 8:00 am – 9:00 am.
Furniture Mart	222-7153/6116	Bldg 429	Tu – Sat: 10:00 am – 6:00 pm Sun 12:00 am – 5:00 pm
Shoppette	222-5750/5730	Bldg 552	Daily 6:00 am – 11:00 pm

SCHOOLS / YOUTH SERVICES

Child Development Centers Office / Family Child Care Office	226-2273	Bldg 697	M – F: 7:30 am – 4:30 pm
Cummings Elementary School	226-2647	Bldg 1948 (North Area)	M – F: 7:00 am – 4:00 pm
Edgren High School	226-4377	Main office location: Bldg 746	M – F: 7:00 am – 4:00 pm

Lunney Youth Center - ages 9-12	226-3220 Youth Sports, Phone 226-3882	Bldg 112	Office: M – F: 10:00 am – 5:00 pm Youth Center Hours: Open Recreation M – F: Noon – 6:00 pm Sat: Noon – 5:00 pm Closed Federal Holidays except for special events
School Age Program. K-1st Grade	226-2837	Bldg 10	M – F: 6:00 – 8:30 am & 2:50 - 6 pm Closed Sat, Sun & Federal hHolidays
School Age Program. Grades 2 - 6	226-2266	Bldg 412	M – F: 6:00 - 8:30 am & 2:50 - 6 pm Closed Sat, Sun & Federal Holidays
Sollars Elementary School	226-3933/4195	Bldg 80	M – F: 7:30 am – 4:30 pm
Wakasa Teen Center - ages 13-18	226-2170/9984	Bldg 628	Tu, Th: 1:00 – 9:00 pm F: 7:00 – 11:00 pm at Lunney Youth
Youth North!	226-2753	Tower 1937 rec room	

SERVICES

Auto Skills	226-4654	Bldg. 767	T – F: Noon – 8:00 pm Sat: 8:00 am – 6:00 pm Sun: 10:00 am – 6:00 pm Closed 2nd Tue each month
Base Beach	226-9378		M – F: Noon – 7:00 pm Sat, Sun: 10:00 am – 7:00 pm
Base Chapel	226-4630	Bldg 358	M – F: 7:30 am – 4:30 pm
Base Pool (Himberg)	226-9378/3152	Bldg. 625	
Batting Cages	226-9378		M, T, Th, F: 5:00 – 9:00 pm Sat, Sun: Noon – 5:00 pm Closed Wed, during inclement weather, and Federal Holidays
Bowling Center (Walmsley)	222-7731	Bldg. 627	Sun – Th: 10:00 am – 11:00 pm F, Sat: 10:00 – 1:00 Closed 1 st Tu of each mo., Christmas
Ceramics/multi-crafts			7 days a week: 10:00 am – 6:00 pm
Community Bank	226-3880 for a recording or 226-4070 for customer service	Bldg 320	M – Th: 9:00 am – 3:00 pm Fri and military paydays: 9:00 am – 5:00 pm
Community Center	226-4128	Bldg. 626	T – Sun: 10:00 am – 8:00 pm Closed Mon Game room: Sun, T, W, Th: 4:00 – 10:00 pm F, Sat: 4:00 pm – 2:00 am Teen hours: Tue: 1:00 – 7:00
Federal Credit Union	222-5412/5437	Bldg 320	M – F: 9:00 am – 4:00 pm
Fitness Center (Freedom)	226-9976	Bldg. 1962	M – F: 5:00 am – 10:00 pm Sat & Sun: 9:00 am – 5:00 pm
Fitness Center (Potter)	226-3982	Bldg. 622	24 hours, 7 days Closed Thanksgiving, Christmas & New Years
Frame Shop	226-4371	Bldg. 628	M – F: 10:00 am – 6:00 pm Sat: 10:00 am – 3:00 pm
Golf Course (Gosser Memorial)	222-golf	Bldg. 1464	M – F: 7:30 am – 4:00 pm

Graphics Shop	226-4279	Bldg. 628	M – F: 10:00 am – 6:00 pm
ITT Travel	Local tours, ph 226-3555 Leisure travel, ph 226-9714	Bldg. 1044	M – F: 9:00 am – 5:00 pm Sat: 10:00 am – 2:00 pm Closed Sun, Federal Holidays & 2 nd Wed. each month
Leftwich Park	Reservations: 226-9378	Near security hill	Daily dawn to dusk
Library	226-4083	Bldg. 629	M – Th: 10:00 am – 8:00 pm F – Sun: Noon – 6:00 pm Federal holidays: Noon – 5:00 pm
Lodging	FD: 222-1182 Reservations: 222-1185	Bldg. 670	24 hours, 7 days
Mini-golf	226-9378		M – T: 10:00 am – 7:00 pm F – S : 10:00 am – 9:00 pm
Misawa Artisans Thrift Shop (MATS)	226-2040	Bldg. 1044	Tu – Sat: 10:00 am – 4:00 pm Closed Sun, M, & federal holidays
Misawa Services University	226-2274/2272	Bldg. 656	M – F: 7:30 am – 4:30 pm
Outdoor Recreation	Equipment rental 226-9378	Bldg. 1044	M – F: 10:00 am – 6:00 pm Sat & Sun: 10:00 am – 4:00 pm Holidays: 10:00 am – 2:00 pm Closed 2 nd Wed each month
Paintball/skeet & trap range	226-9378	Security hill	Sat: 9:00 am – 4:00 pm
Sales Store / Balloon Time			7 days a week, 10:00 am – 6:00 pm
Services Auto Center	226-9486	Bldg. 965	Mon – Fri: 7:30 am – 5:30 pm Sat: 8:00 am – 5:00 pm Towing appointments: M – F: 10:00 am – 4:00 pm Closed Sun & 2 nd Tu
Ski Lodge (Land Memorial)	Reservations 226- 9378	Bldg. 1482	
Skills Development Center	226-4452	Bldg. 645	7 Days a week 10:00am – 6:00pm
Veterinary Services	226-4502	Bldg. 1370	M, T, W, F: 8:00 am – 4:00 pm Th: Noon – 4:00 pm Closed weekends & Federal Holidays
Wood Shop			7 Days a week 10:00am – 6:00pm

3. JAPANESE LANGUAGE AND CULTURE

A. JAPANESE SURVIVAL TIPS

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DO'S

DO go off-base as often as possible. Don't miss put on all Japan has to offer!

DO be considerate of other people at all times. The whole system of Japanese customs and courtesy is based on consideration of others.

DO try to learn as much of the Japanese language as possible. It's not nearly as difficult as you might imagine. A little language goes a long way in prompting friendship.

DO keep to the left, not only on the roads, but also on sidewalks, hallways and stairs. You will bump into people less often if you stay to the left.

DO try all kinds of Japanese food. You'll be surprised at how quickly you'll develop a taste for things you thought you wouldn't like.

DO pick up your bowl of miso soup and drink from the bowl. It is not considered ill-mannered in Japan.

DO learn how to use "hashi" (chop sticks). Anything can be eaten with hashi and you will become very proficient with a little practice.

DON'T

DON'T eat or drink while walking on the streets or in public places, except at festivals. It is considered very ill-mannered. When Japanese people buy food or drink at a stand, they either eat it at the stand, a designated eating area, or take it home.

DON'T talk loudly or play music loudly while walking on the streets or in public where you will disturb people.

DON'T be boisterous, horse around, use profanity, whistle or yell at a female, or otherwise attract unfavorable attention to yourself. Japanese people are very private.

DON'T show physical affection in public.

DON'T wear your shoes in Japanese homes and in some public places.

DON'T tip in Japan. On base, tip as you would in the United States.

B. YEN RATE:

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The yen rate currently fluctuates around 100 yen to 1 dollar. This makes it fairly easy to get a rough estimate of what something costs. 1000 yen equals 10 dollars. Drop two zeros from the yen price and that's approximately the cost in dollars. Another example 1500 yen is 15 dollars.

C. JAPANESE LANGUAGE GUIDE

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Pronunciation: Consonants are pronounced as in English. Pronounce vowels as follows: “a” as the “a” in father, “I” as the “e” in he, “u” as the “o” in to, “e” as the “e” in bed, and “o” as the owe. Vowels must be pronounced correctly to be understood. Break words into syllables clearly and with an even accent.

Good Morning Ohayo gozaimasu
Good afternoon..... Kon nichi wa

Good Evening Kon ban wa
Good-bye Sayonara
Hello (telephone) Moshi Moshi
What is this? (that?)..... Kore (are) wa nan desu ka?

How are you?..... Genki desu ka?
What is your name? Onemamae wa nan desu ka?

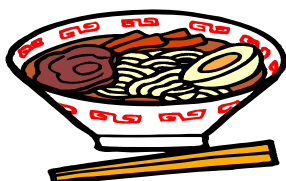
I'm fine, thank you Hai, genki desu, domo
Please Dozo

Do you speak English? Eigo o hanashi masu ka?
Let me introduce..... o goshokai shima su.
I'm pleased to meet you..... Dozo yoroshiku.

What time is it now?..... Ima nanji desu ka?

How much is this? Kore wa ikura desu ka?
Please give me change..... Ryogae o shite kudasai.

Please help me Tasuketa kudasai
I have lost my ____ o nakushimashiti
Wallet/purse Saifu
Woman's Purse Handobaggu
Umbrella..... Kasa



Thank you Domo arigato
You're welcome Do itashimaste

Yes..... Hai
No Iie
Excuse Me Sumimasan
Where can I buy? Doko de kae masuka

I'm sorry Gomen nasai
Do you understand..... Wakarimasu ka?

I don't understand Wakarimasen



Where is the ____?..... doko desu ka?
HospitalByion
Fire station.....Shobosho
Military base.....Kichi
Train Station.....Eki
BankGinko
Telephone.....Denwa

Is it near?.....Chikai desu ka?
Is it far?Toi desu ka?

D. EATING OUT

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Arriving in a strange new country can be a harrowing experience no matter how much you've looked forward to it. If you're a newcomer to Japan, we'd like to help you get started on the right foot. We've gathered some information about the food and language that we think will be helpful to you.

DINING OUT

In department store and some other restaurants, you must buy tickets for your food before you sit down. Wax models of the foods are usual located at the entrance. After making your selection, tell it to the cashier. You will pay at this time and the cashier will give you tickets. If you can't read the name of your selection, ask the cashier to follow you to the display case and point to what you want. The waiter will tear your tickets in half and bring your items when they are ready

Some useful phrases:

Please give me a fork.....(Fooku o kudasai.)
Please give me a spoon.....(Supuun o kudasai.)
Please give me (a glass of) water.....(Omizu o kudasai.)
Coffee.....(Koohii)
Coca cola.....(Kohka kora)
Black tea.....(Koocha)
Green tea.....(Ocha)

Note- Japanese (green) tea is usually available free for the asking in many restaurants. Other beverages can be quite expensive. Ocha is drunk unsweetened.

WHAT'S ON THE MENU?

We've listed some foods which you might like to try when you first arrive. The name of each in Roman letters and Japanese characters to help you recognize it on a menu or food display. Enjoy!

Gohan (rice, ご飯, ごはん) – Plain, steamed rice

Chaanan (fried rice, 炒飯, チャーハン) – rice fried with onions, vegetables and sometimes meat

Karee-raisu (curry rice, カレーライス) – Steamed rice with a curry sauce over it, containing various meats or seafood, and usually vegetables.

Tempura (天ぷら, てんぷら) – Shrimp and vegetables coated with a batter and deep-fried. Served with a dipping sauce.

Tendon (天丼) – A bowl of rice with deep-fried shrimp and/or fish. A thin sauce is poured over also that the shrimp are not as crispy as in Tempura. This usually comes with a bowl of broth soup and a small dish of pickled vegetables.

Yakisoba (Fried noodles, 焼きそば, やきそば) - Soft Chinese noodles fried with onions, cabbage, carrots and meat of seafood, flavored with soy sauce or a lightly sweeter sauce.

Sukiyaki (すき焼, すきやき) – Cooked at your table, this dish can fairly expensive. Thin slices of beef and vegetables are cooked in a mixture of soy sauce, sake and sugar. A raw egg is provided with each dinner. Mix it up a bit and dip your meat and vegetables into it before eating them.

Gyoza (餃子, ぎょうざ) – Crescent-shaped Chinese pastries filled with ground pork, cabbage and green onions. Many people prefer them fried, but they can be boiled or steamed. Dip into a mixture of sesame seed oil, vinegar, and hot pepper.

Yakitori (焼き鳥, やきとり) – A snack consisting of small pieces of chicken (can include skin and liver) dipped into a sauce and then grilled on skewers over charcoal.

Tonkatsu (トンカツ, とんかつ) – (pork cutlet) A deep-fried breaded pork cutlet, usually served with finely shredded cabbage. This meal might also include a potato salad or slice of tomato.

Sushi/Sashimi (寿司, すし/刺身, さしみ) – Sushi refers to slices of very fresh raw fish, placed on or in balls of vinegared rice, sometimes wrapped in seaweed. This is picked up with fingers or chopsticks and dipped in soy sauce before eating. Fresh raw fish served alone in thin slices artfully arranged on a plate is called sashimi.

Udon/Soba (うどん/そば) – Udon refers to noodles made of white flour which comes in several shapes, from thin and round like vermicelli to flat and thick like macaroni. Soba refers to noodles made of darker buckwheat flour and generally the shape of ordinary spaghetti. Both can be served hot or cold, with a tasty broth.

Oden (おでん) - Japanese enjoy a dish which was developed 250 years ago. It consists of fish, bean curd, bamboo shoots, eggs, and various combinations of fish-paste covered vegetables simmered in a soup stock made of dashi, chicken broth, seaweed, etc.

ENJOY THE TASTES OF JAPAN!

4. MAPS

A. MISAWA MASS TRANSIT SERVICE:

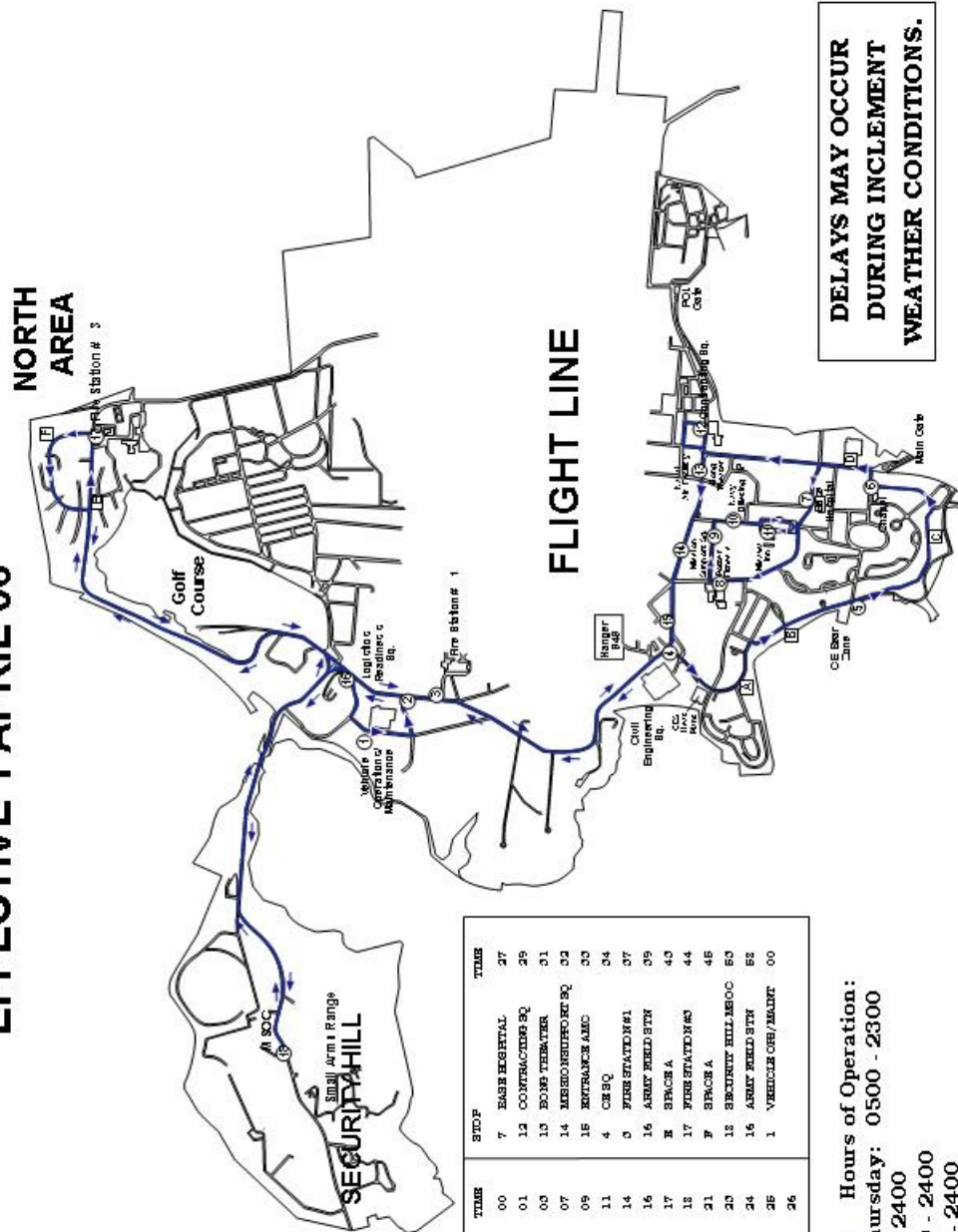
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There are two different shuttle buses that run at Misawa. The following is the schedule for each. There are bus stops around base that will have the most recent schedule.

BLUE SHUTTLE

LRS EXPRESS

EFFECTIVE 1 APRIL 06



STOP	TIME	STOP	TIME
1 VEHICLE CH/MAINT	00	7 BASE REGIMENTAL	27
2 J6 LBS	01	12 CONTRACTING SQ	29
3 FIRE STATION #1	03	13 ENGINE TOWER	31
4 CE BQ	07	14 MEDICAL SUPPORT SQ	32
5 SPACE A	09	15 ENTRANCE AWC	33
6 SPACE A	11	4 CE BQ	34
7 BASE REGIMENTAL	14	3 FIRE STATION #1	37
8 SPACE A	16	16 ARMY FIELD STN	39
9 POTTER BUILDING	17	8 SPACE A	43
10 J6 LBS	18	17 FIRE STATION #3	44
11 SPACE A	21	9 SPACE A	46
12 POTTER BUILDING	23	13 SECURITY HILL AWC	53
13 J6 LBS	24	14 ARMY FIELD STN	55
14 SPACE A	26	1 VEHICLE CH/MAINT	00
15 SPACE A	26		

BLUE SHUTTLE Hours of Operation:

Monday thru Thursday: 0500 - 2300

Friday: 0500 - 2400

Saturday: 0600 - 2400

Sunday: 0600 - 2400

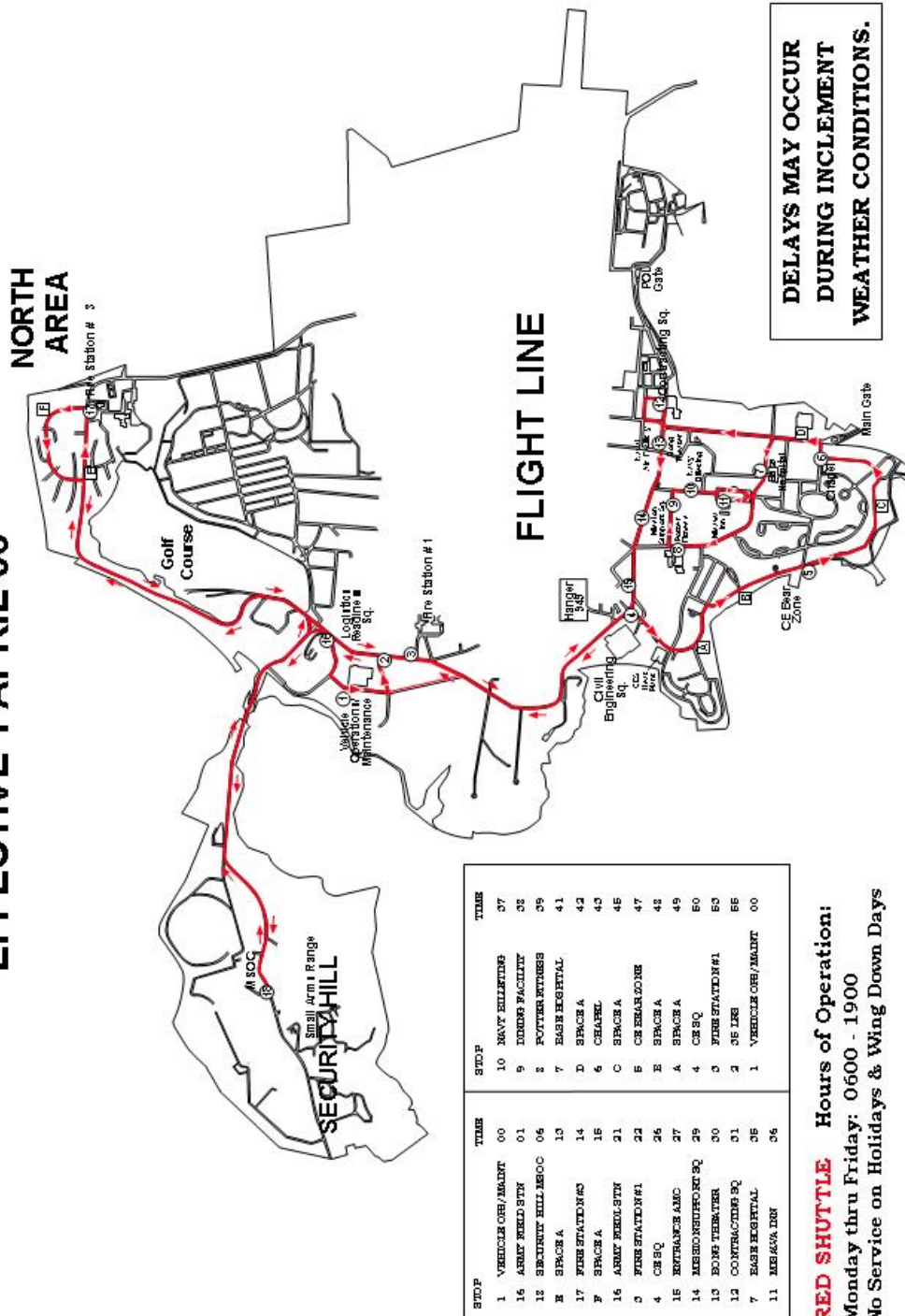
Holidays & Wing Down Days: 0600 - 2200

RED SHUTTLE



LRS EXPRESSES

EFFECTIVE 1 APRIL 06



STOP	TIME	STOP	TIME
1 VEHICLE ORG/MAINT	00	10 NAVY BILLETING	37
16 ARMY FIELD STN	01	9 DODGE FACILITY	38
12 SECURITY HILL MSOC	06	8 POTTER FITNESS	39
8 SPACE A	13	7 EASEE REGIMENTAL	41
17 FIRE STATION #3	14	10 SPACE A	42
9 SPACE A	15	6 CHAPEL	43
16 ARMY WHEEL STN	21	5 SPACE A	45
3 FIRE STATION #1	22	6 CE SHAR SCENE	47
4 CE SQ	26	8 SPACE A	48
16 ENTRANCE AMC	27	4 SPACE A	49
14 MEMORANDUM SQ	29	4 CE SQ	50
15 BOMB THERIA	30	3 FIRE STATION #1	53
12 CONTRACTING SQ	31	2 JS LINE	55
7 EASEE REGIMENTAL	35	1 VEHICLE ORG/MAINT	00
11 MESA 4010X	36		

RED SHUTTLE Hours of Operation:
Monday thru Friday: 0600 - 1900
No Service on Holidays & Wing Down Days

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5. INTRO Program Schedule for Misawa Air Base

Most newcomer's will arrive on the Patriot Express on a Wednesday. The INTRO Program schedule is as follows:

- Friday: MPF In-Processing (0730) – Building 653
Check with your CSS to verify location and ensure the day hasn't changed. When Friday is a holiday, in-processing will take place the following Monday. In-processing normally takes about half a day.
- Monday: Base Info Fair & Driver's Training (1300) – Enlisted Club
Active duty and spouses must attend the Driver's Training in order to obtain a driver's license for Japan.
(Note: For the 1st Monday of each month and Federal holidays that fall on Monday, this training is held the following Wednesday.)
- Tuesday: Newcomer's Briefing (0800-1200) on the 1st and 3rd Tuesday (2nd and 4th in July) – Enlisted Club. Check with your CSS to ensure date and location.
Mandatory for active duty. Spouses are highly encouraged to attend.

The following are sponsored by the Family Support Center (226-4735):
All tours leave from the Misawa Inn Conference Room.

- Wed.: Base Bus Tour, Misawa City Brief, Culture Class (0745-1215)
- Thurs.: Misawa City Tour (0745-1130)
- Friday: Hachinohe City Tour
(0745-1430 – Summer, 0845-1430 – Winter)

These tours are MANDATORY for all Air Force and Navy personnel and highly recommended for all other (including family members). For further information or to sign-up (if you didn't during your in-processing) call the Family Support Center at 226-4735.

The "Warrior Brief" is held the last Wednesday of each month from 0800-0900 in the 35th OSS. This is a classified briefing for active duty Air Force. You must have a copy of your orders and your ID card to attend.

Welcome Package Survey
Family Support Center, DSN 226-4735

Please take a few minutes to let us know if this Welcome Package met your needs as you prepared for your relocation to Misawa. We welcome and encourage feedback that assists us in our efforts to continually improve.

1. Did you use the “Frequently Used Resources” on page 5 and were the links current and helpful?						
	Outstanding <input type="checkbox"/>	Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	N/A <input type="checkbox"/>
Comments:						
2. Using the Table of Contents on page 3, was it easy to find the information you needed?						
	Outstanding <input type="checkbox"/>	Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	N/A <input type="checkbox"/>
Comments:						
3. Did you find all the information you needed to make your relocation a success, either directly in this package or in one of the referral resources listed?						
	Outstanding <input type="checkbox"/>	Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	N/A <input type="checkbox"/>
4. What is your overall rating of this Welcome Package?						
	Outstanding <input type="checkbox"/>	Excellent <input type="checkbox"/>	Good <input type="checkbox"/>	Fair <input type="checkbox"/>	Poor <input type="checkbox"/>	N/A <input type="checkbox"/>
<i>What did you like?:</i>						
<i>What needs improvement?:</i>						
<p>Please remove this survey from your package and return it to the Family Support Center by dropping it off after your arrival at the</p> <p>Family Support Center, Torii Bldg. 656, 1st Floor or mail it to:</p> <p>35 MSS/DPF</p> <p>Unit 5021 Box 30</p> <p>APO AP 96319</p> <p>Thank you for your assistance!</p>						